



A New Day

The Magazine for Activity Professionals

In This Issue

IDEAS! IDEAS! IDEAS! to Enhance Your Activity Program

- Decorations • Bulletin Boards
- Seasonal Clip Art • Meet Bonnie Blair
- Reminiscing Activities • It Happened in November • Important December Dates
- Remembering Pearl Harbor • Thanksgiving Centerpiece • Thinker Cards for Food Trays
- Christmas Concentration Game • Collecting Stamps & Postmarks • Styrofoam™ Cup Santa Decoration • Ready-to-Duplicate Activity Sheets
- Something New Coffee in a Tea Bag • Pattern for a Paper Friendship Quilt • Large Outline Map of The United States • Large Calendars for November & December

A Unit of Activities All Relating to
The Letter "O"

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November-December 1994

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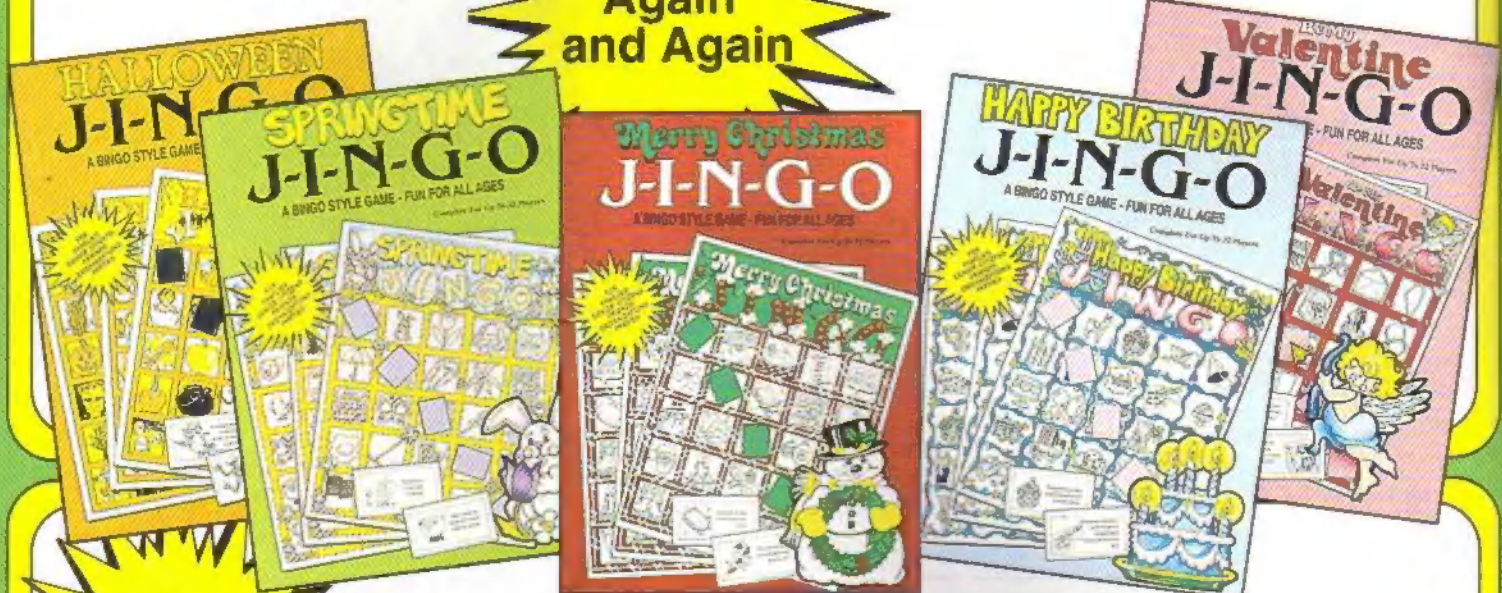
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The focus unit of this issue is the letter "O." Included are fourteen pages of ideas and activities. Each component relates to the letter "O." Central to this unit of fun-filled activities is a bulletin board you and the residents/clients will create.	
* Thinker Cards for Food Trays	45
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* Especially appropriate for reproducing.	

Dear Activity Director and Staff,



Hello and welcome.

It is *A New Day*. Now there is a publication just for you, a publication that will bring to you forty-eight pages of ideas and activities six times each calendar year.

Many of the pages of each issue will be ready for you to reproduce. We know how busy you are. We want *A New Day* to be as practical and easy-to-use as possible.

Please let us know how we are doing. All of your comments will be appreciated and will help us to make each issue better than the previous one. So, drop us a line. Let us know what you think.

Thanks and enjoy *A New Day*.

Gary & Phoebe

A New Day
P.O. Box 378
Carthage, IL 62321-0378



What's New Today?



Menu:

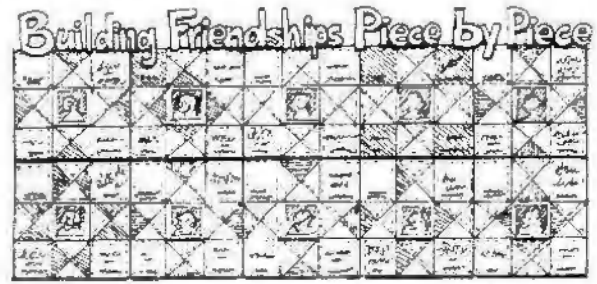
DATE _____

Special Events Today

Building Friendships Piece by Piece

Country Photo Friendship Quilt Bulletin Board

Reproduce one pattern for each client. Decorate with markers, sequins, glitter, or precut shapes of fabric, wallpaper remnants, or construction paper. Fill in favorite color, name, date, and hometown if desired. Finish quilt piece with a snapshot of each quilt piece artist. Mount all quilt pieces on wall or bulletin board to form quilt. (Reproduce one extra copy of quilt piece to cut up and use as pattern for precut fabric, wallpaper, and construction paper.)



Favorite Color		Name
	(photo)	
Date		



In each issue of *A New Day*, we will present a product that is relatively new to the consumer market. Our goal is to choose a product that is inexpensive and easily accessible to you. We suggest that a quantity be purchased so that each resident/client can have one to examine.

PURPOSE: To acquaint residents/clients with something new; to motivate discussion and interaction; to provide an opportunity for creative thinking and imagining

Folgers™ is one company that makes coffee singles, regular or decaffeinated.

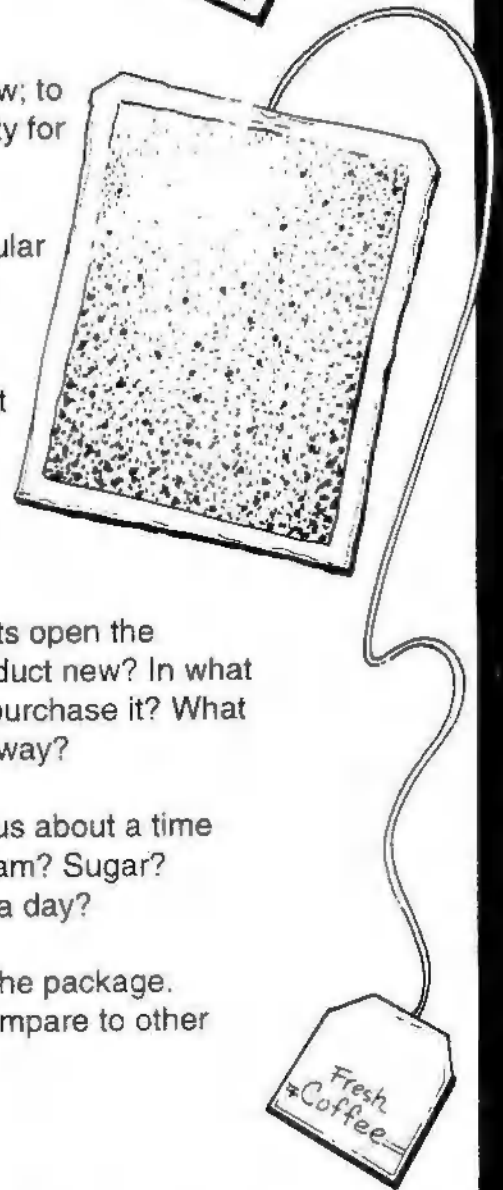
PRESENTING THE DISCUSSION SESSION:

Give each participant one packet. Do not tell him/her what it is. Ask the person to read and guess. Say it is something new on the market. Ask if anyone has seen it. Encourage responses with positive remarks—It could be It might be You might be right. Never say NO!

Feel the package. Smell it. Shake it. Have clients/residents open the packet along the tear line. Examine the contents. Is this product new? In what ways? Do you think it is a good product? Why? Would you purchase it? What are the advantages/disadvantages of packaging coffee this way?

Are you a coffee drinker? If not, what do you prefer? Tell us about a time you made coffee. How do you like to drink your coffee? Cream? Sugar? Sweetener? How many cups of coffee do you/did you drink a day?

End the session by making coffee, using the contents of the package. While drinking ask other questions. How does this coffee compare to other coffee you have tasted?



Let's Meet



**Bonnie
Blair**

**5
Olympic
Gold
Medals**

Getting to Know Bonnie Blair

Purpose: To keep residents/clients informed of “NEW” personalities; to motivate interaction and discussion

To Get Ready: Mount the picture of Bonnie Blair on one side of a sheet of colored construction paper. Mount the biographical information below on the other side. Display the picture as you relay this information. Alternative: Duplicate the picture of Bonnie Blair. Give each resident a copy to look at as you relate the information. Individual pictures may be colored.

Bonnie Blair has won five gold medals at the Winter Olympics. She is the most “golden” American Olympian. She won her medals in the 1000-meter and 500-meter speed-skating events.

Winners of four gold Olympic medals

Evelyn Ashford—sprinting

Janet Evans—swimming

Pat McCormick—diving

Bonnie Blair is 5 feet, 4 inches tall and weighs about 130 pounds. She was born March 18, 1964, in Cornwall, New York. She is the youngest of six children, four of whom have held United States speed-skating titles.

When she was two years old, her family moved to Champaign, Illinois. It was there that her older siblings took her to an ice rink. By the age of six Bonnie was winning races against girls who were three and four years older.

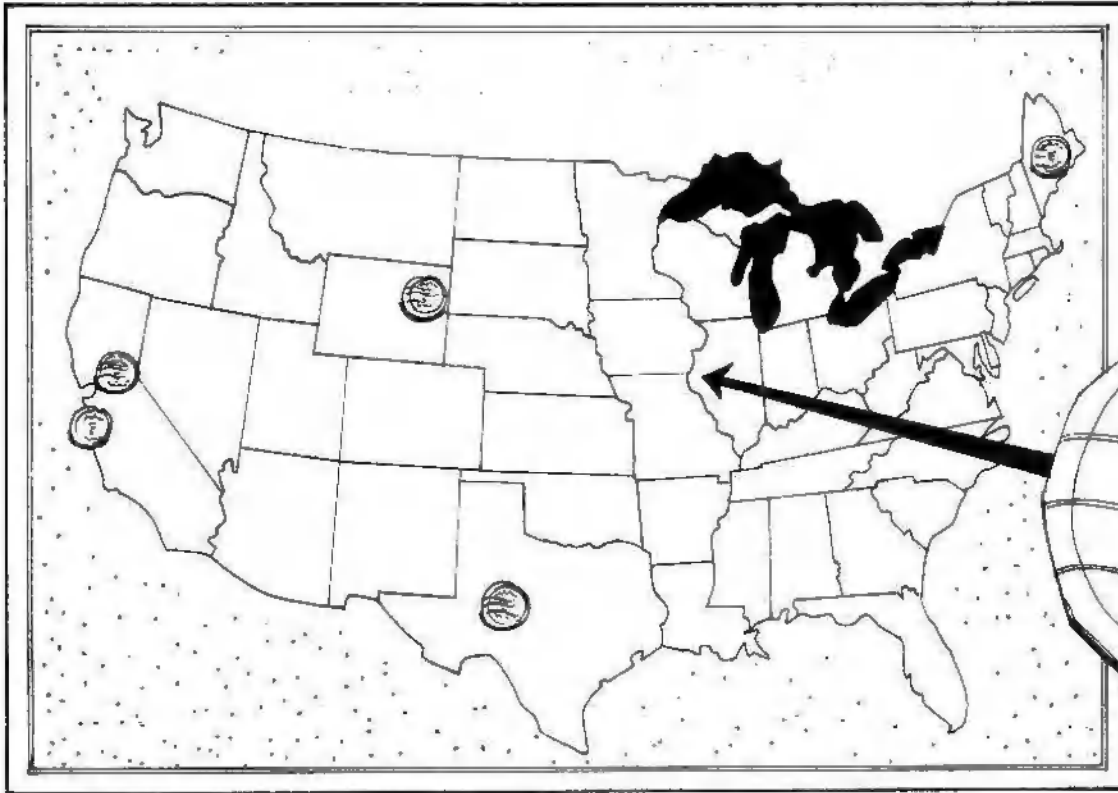
In 1979 Cathy Priestner Faminow, an Olympic speed skater from Canada, began training Blair. Bonnie narrowly missed making the 1980 U. S. Olympic speed-skating team. She was only fifteen years old.

At the 1984 Olympics, Bonnie competed in the 500-meter and finished eighth. Under the tutelage of coach Mike Crowe, Bonnie began improving her times. During the 1986-87 season she lost only one 500-meter race.

In 1988 in Calgary, Canada, she won a gold medal in the 500-meter race and set a world record time of 39.10 seconds. She won the gold medal in both the 500 meters and 1000 meters at the 1992 Olympics in Albertville, France. In 1994, in Lillehammer, Norway, she repeated her two Albertville victories.

Blair has been called “the best technician in the world over the 500- and 1000-meter sprint distance, man or woman.” She is a fierce competitor. Bonnie has a tremendous personality and is extremely well liked. Off the ice she enjoys playing golf, reading Danielle Steel’s novels and watching soap operas. She has been in commercials for McDonald’s restaurants, and her picture is on boxes of Kellogg’s Corn Flakes™. She is also making personal appearances all over the United States.

Collect: Postmarks



Collect postmarks from client/resident mail. Mount on a large map of the United States. Your residents will enjoy contributing to the development of this map.

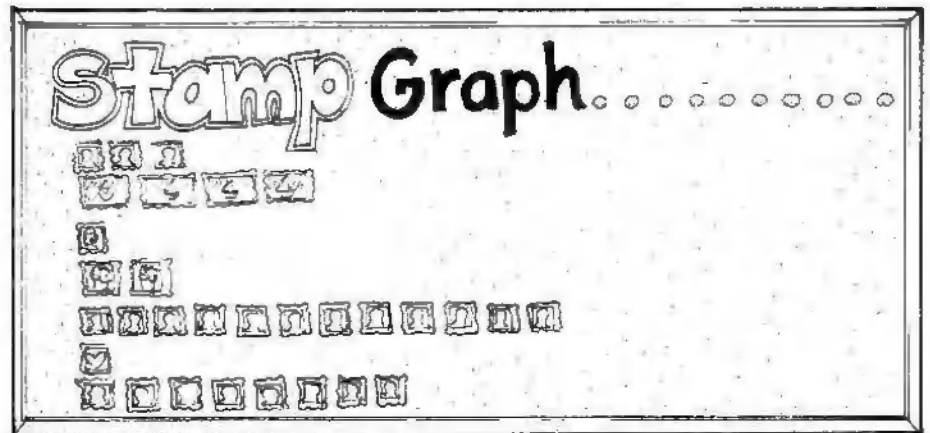


A map of the United States can be found on one side of the poster.

Collect: Stamps



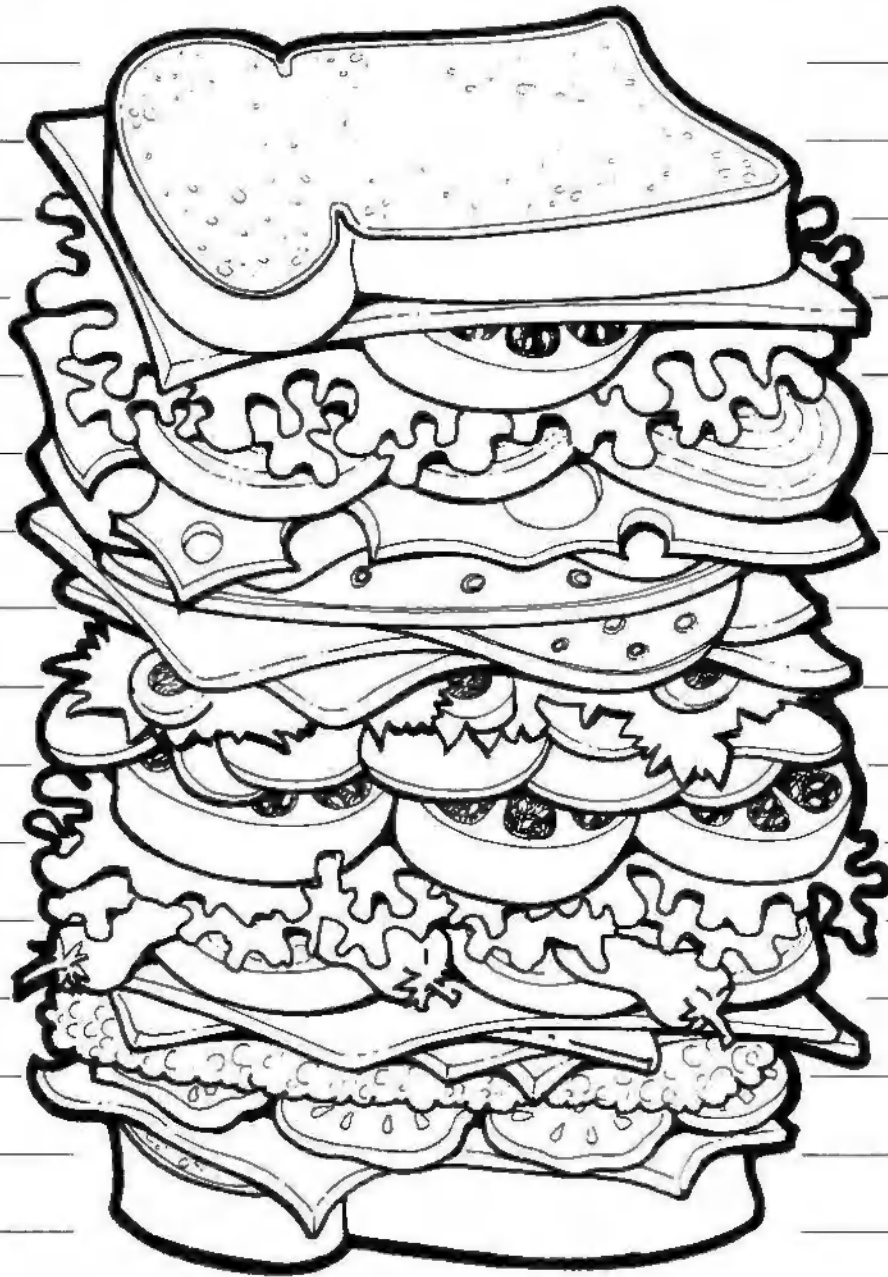
Create a stamp graph! Collect used stamps from mail. Glue stamps to a large sheet of white paper or poster board. Each line of the graph should be a different stamp. Or just collect and display the various stamps that arrive at your facility.



Create The Ultimate Sandwich

In 1762, John Montague was playing cards with some of his friends. He got hungry. He ordered a servant to bring him two slices of bread with some meat placed between the slices. Yes, the first sandwich was created. John Montague was also know as the Fourth Earl of Sandwich. He was born November 3, 1718. So, on this day, November 3rd, we honor him.

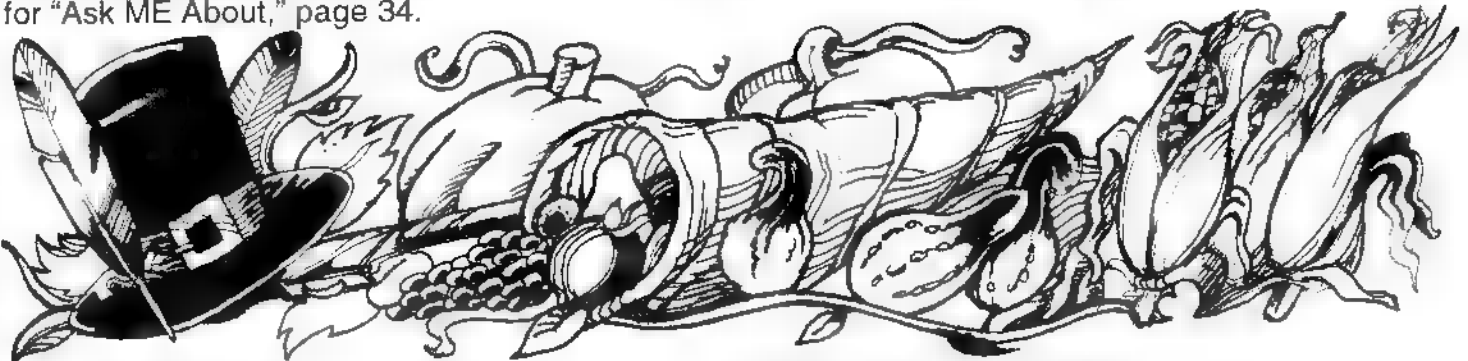
Now, you have the opportunity to create the ultimate sandwich. On the lines around the illustration below list foods that could be part of the ultimate sandwich. Try to list some unusual items.



Note to Activity Director: When sheets have been completed lead a discussion. Plan a sandwich making party for lunch today.

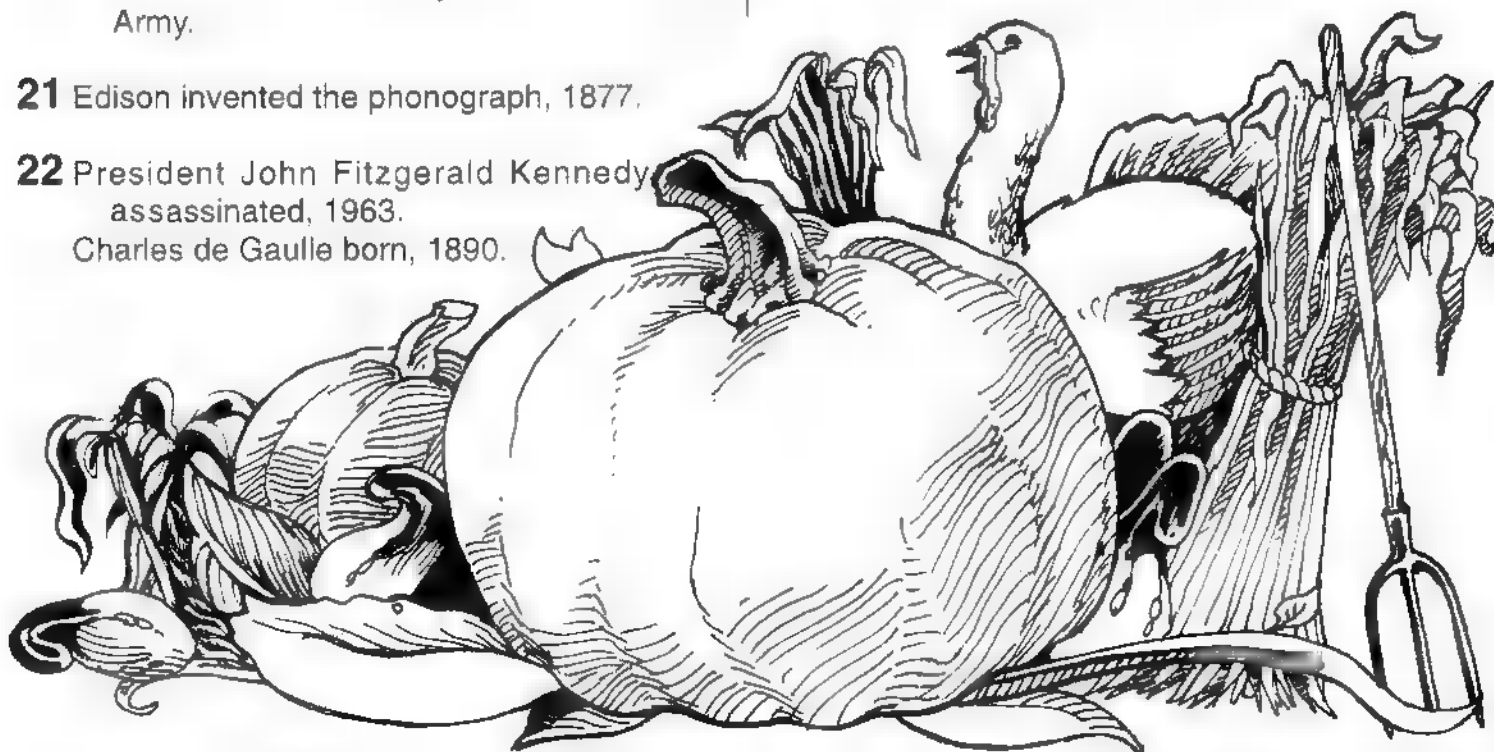
November Calendar

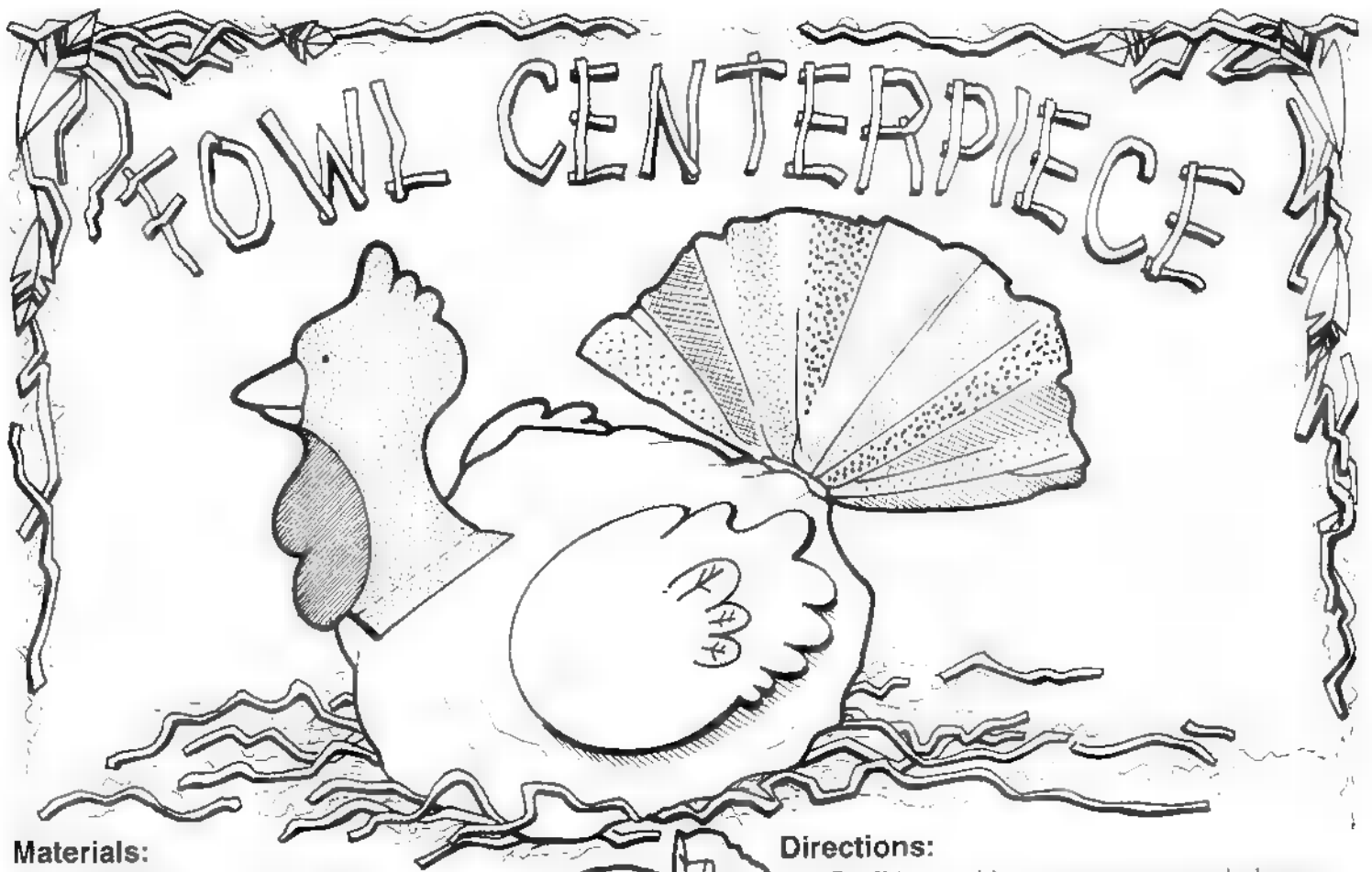
On this page and the next you will find historical happenings, holidays, and the birth dates of some famous people related to the month of November. This information can be used to create the November calendar found on the centerfold. The information can also be used as additional activities for "Ask ME About," page 34.



- 1** All Saint's Day.
First test of H-bomb, 1952 in Marshall Islands.
Began manufacturing barbed wire, 1873.
- 2** Daniel Boone born, 1734.
Marie Antoinette born, 1755.
James Polk, 11th President, born 1795 near Pineville, NC.
North and South Dakota became states, 1889.
Warren G. Harding, 29th President, born 1865. Marion, OH.
- 3** In 1718 while playing cards the Earl of Sandwich ordered a servant to bring him two pieces of bread with meat between. Yes, it was the first sandwich.
Stephan Austin born, 1793.
- 4** Erie Canal opened, 1825.
Will Rogers born, 1879.
In 1924 Nellie Taylor Ross became governor of Wyoming. First female governor in U.S.
- 5** Guy Fawkes Day in England remembers the plot to blow up House of Parliament, 1605.
First black female, Shirley Chisholm, elected to House of Representatives.
Roy Rogers born, 1912.
- 6** John Philip Sousa born, 1854.
First college football game in 1869, Rutgers vs Princeton.
In 1928 first electric sign lit in New York City.
- 7** Marie Curie born, 1867.
1916, Janet Rankin of Montana, first woman elected to House of Representatives.
First women's prison opened, 1877 in Sherborn, MA.
- 8** Edmund Halley born, 1656 (Halley's Comet).
Montana became the 41st state, 1889.
The Louvre (Paris art museum) opened, 1793.
First college for women opened, 1837, Mount Holyoke in Massachusetts.
- 9** First intercity stagecoach service, New York to Philadelphia, 1756.
Berlin Wall built, 1961.
- 10** Martin Luther born, 1483.
Marine Corps founded, 1775.
- 11** Washington became the 42nd state, 1838.
World War I ended, 1918.
In 1921 the Unknown Soldier was buried in Arlington Cemetery.
Veterans Day established, 1954. Previously called Armistice Day.
- 12** Sadie Hawkins Day (always the 1st Saturday after November 11).
First transcontinental plane flight ended, 1911. Took 49 days.

- 13** Robert Louis Stevenson born, 1850.
First artificial snow produced, 1946.
- 14** Jawaharlal Nehru born, 1889.
Prince Charles born, 1948.
Favorite Author's Day. Ask residents, "Who is your favorite author?"
- 15** Pikes Peak discovered, 1806.
Georgia O'Keeffe born, 1887. See page 39.
- 16** Oklahoma became the 46th state, 1907.
National Geography Awareness Week is November 15-21.
- 17** Suez Canal opened, 1869.
American Education Week, November 15-21.
- 18** Antarctica discovered, 1820.
It's Mickey Mouse's birthday.
- 19** James Garfield, 20th President, was born, 1831 in Cuyahoga County, OH.
Lincoln delivered the Gettysburg Address, 1863.
Indira Gandhi born, 1917.
- 20** In 1967 the population of the United States reached 200 million. What is it today?
"Red Kettle" kickoff day for the Salvation Army.
- 21** Edison invented the phonograph, 1877.
- 22** President John Fitzgerald Kennedy assassinated, 1963.
Charles de Gaulle born, 1890.
- 23** Franklin Pierce, 14th President, was born, 1804 in Hillsboro, NH.
Billy the Kid born in New York City, 1859.
Real name Henry McCarty.
Boris Karloff born, 1887.
- 24** Zachary Taylor, 12th President, was born, 1784 in Barboursville, VA.
- 25** Indian Heritage Day.
Joe DiMaggio born, 1914.
- 26** Lewis Carroll sent a copy of *Alice in Wonderland* to Alice, 1846.
In 1789 George Washington proclaimed this to be the first official Thanksgiving Day.
- 27** For 1994, Hanukkah begins at sundown.
Celebrated for eight days.
- 28** First skywriting demonstration in New York City, 1922.
In 1785 the first U.S. Post Office opened in New York City.
- 29** Louisa May Alcott, author of *Little Women* born, 1832.
- 30** Samuel Clemens (Mark Twain) born, 1835.
Winston Churchill born, 1874.





Materials:

- brown paper lunch bags
- reproducible pattern sheet
- colored markers or tempera paints
- tacky glue
- scissors
- twist ties
- old newspapers or scrap paper
- plastic eggs (optional)
- Easter grass or straw (optional)

Directions:

1. Stuff bag with scrap paper and close with a twist tie.
2. Reproduce one pattern sheet for each turkey. Color head and wing patterns. Fold and glue colored turkey head as shown in Figure 1. Glue head and wings to turkey body.
3. Color turkey tail with bright markers or paint with tempera paints.

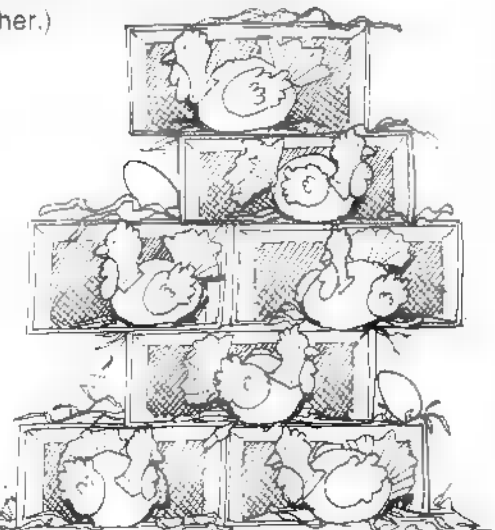


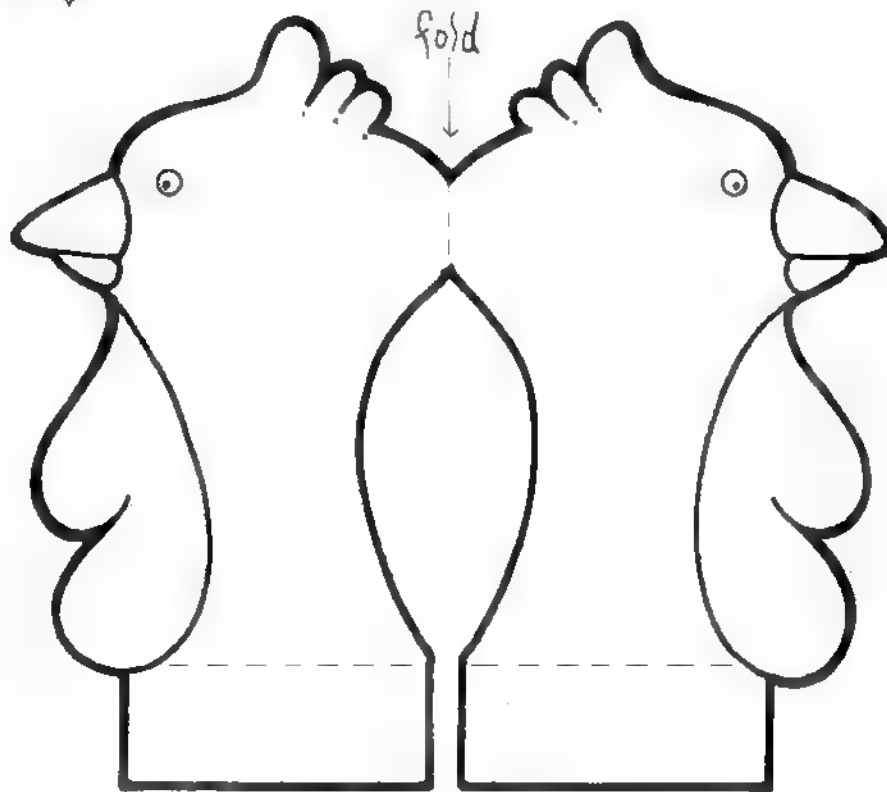
Figure 1: Fold tabs up
Glue back of head pattern and fold halves together.
(Do not glue tabs together.)



Uses:

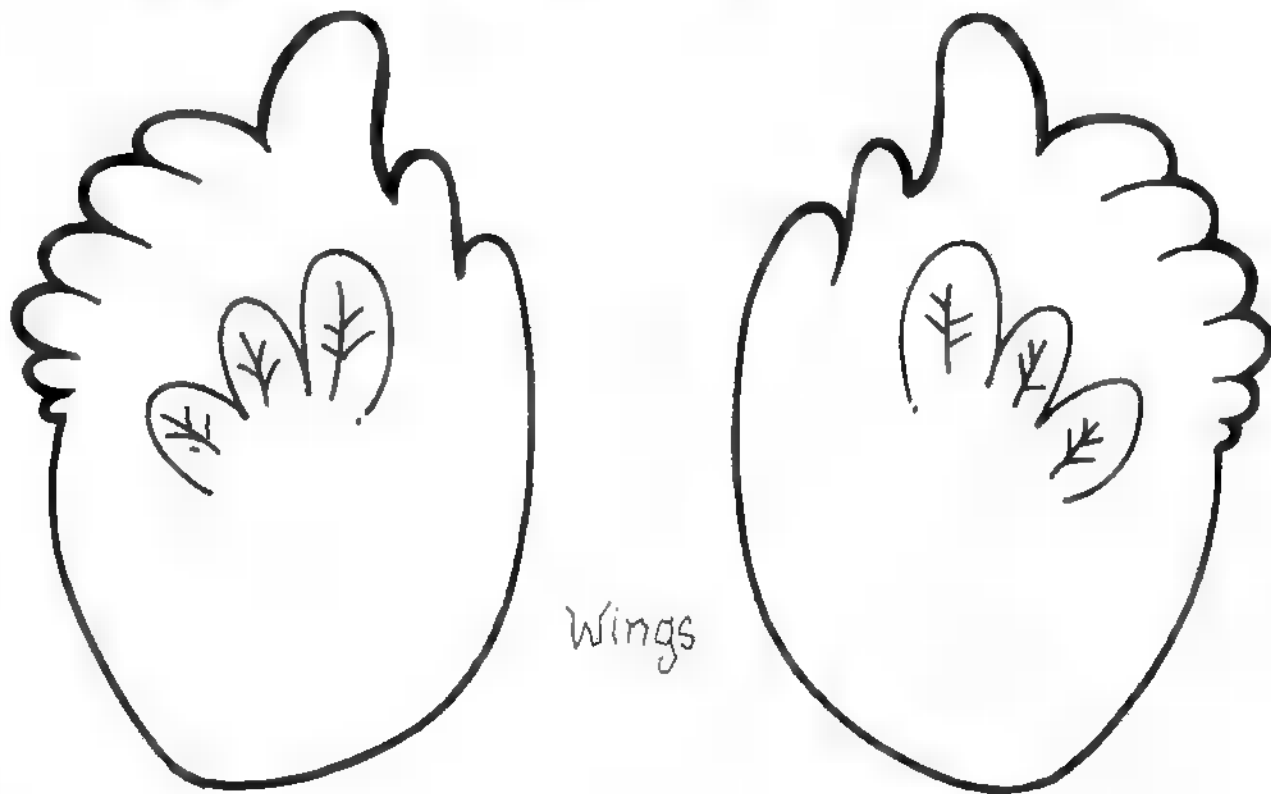
- Use as a centerpiece for the dinner table. Add straw or Easter grass underneath and around the turkey.
- Use as a nurse station or lounge decoration.
- Make a community turkey coop. Lay shoe boxes on their sides so bottoms of boxes are upright and form the back. Place straw or Easter grass and turkey and egg in each box. Stack the boxes to form a turkey coop.
- Attach a piece of string to completed turkey and hang from ceiling.





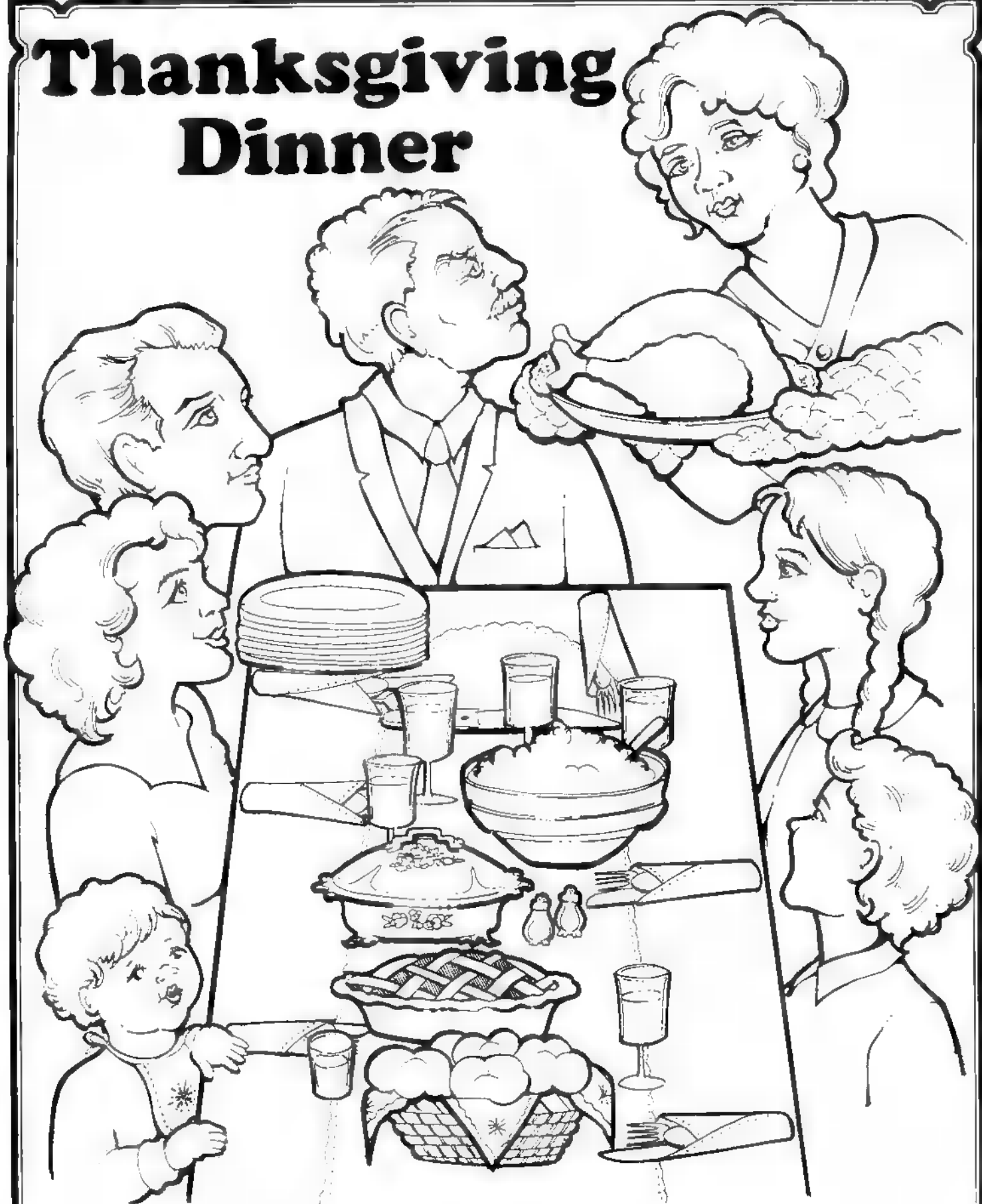
Turkey head

FOWL CENTERPIECE PATTERNS



Wings

Thanksgiving Dinner



A Focus for Reminiscing

Remembering Thanksgiving Dinner

Purpose: To motivate remembering and reminiscing; to develop oral communication and interaction

On September 6, 1620, two ships, the *Speedwell* and the *Mayflower*, left Plymouth, England. On board was a small group of brave men, women, and children. They were sailing to a new homeland so they could worship God as they pleased.

The *Speedwell* soon developed a leak and had to return to England. The *Mayflower* continued westward across the Atlantic Ocean. Two months later, on November 11, 1620, it landed at the tip of Cape Cod near what is today the community of Provincetown, Massachusetts. They continued on land to a location that is today known as Plymouth, Massachusetts.

That first winter was one of endurance. It was extremely cold and harsh and there was not enough food. The colonists had not had enough time to erect adequate shelter. Many died.

In the spring a tribe of Native Americans, the Wampanoag Indians, befriended the Pilgrims and helped them plant wheat, corn, and other vegetables. The Indians also taught the colonists to hunt.

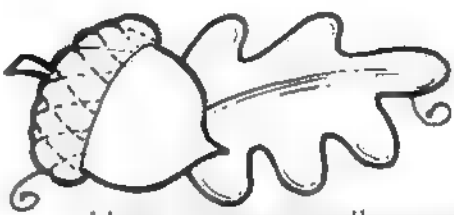
In the fall of 1621 the crops were harvested. It appeared that there would be enough food to last the winter. So, the Pilgrims decided to celebrate and invited the Indians to a harvest meal. Thus, THE FIRST THANKSGIVING. This meal was much like today's potluck with the guests bringing food.

For years Thanksgiving was celebrated on various days. It was Abraham Lincoln who proclaimed Thanksgiving to be the last Thursday in November. In 1941 Congress ruled that Thanksgiving would be the fourth Thursday of November.

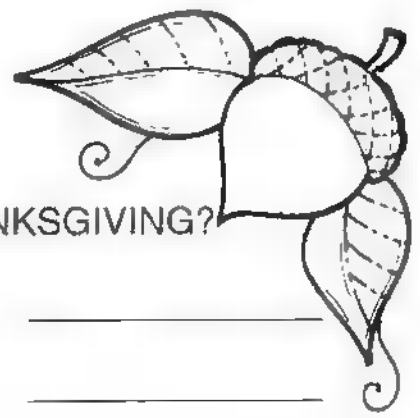
Discussion Motivators:

1. Do you remember any other details about the first Thanksgiving?
2. What foods do you think were served? (Deer, succotash, berries, fruits, pumpkin, goose, turkey, fish, duck, corn, beans.)
3. What else do you think the Pilgrims and Indians did that day? There were no football games to watch on television. How did they overcome the language barrier?
4. Tell about a Thanksgiving you remember. Where were you? Who else was there? What foods were prepared?
5. Tell about a Thanksgiving Dinner that you cooked or ate.
6. What are some foods/dishes that were traditional in your family?
7. Compare and contrast Thanksgiving and Christmas dinner at your house.
8. Would you have liked to have been a Pilgrim? Why? Why not?
9. What is something that you have been thankful for?
10. In the United States today, some think that Thanksgiving is losing importance to the buying power of Christmas. What is your opinion?
11. Besides eating, what did your family do on Thanksgiving Day?





Thanksgiving

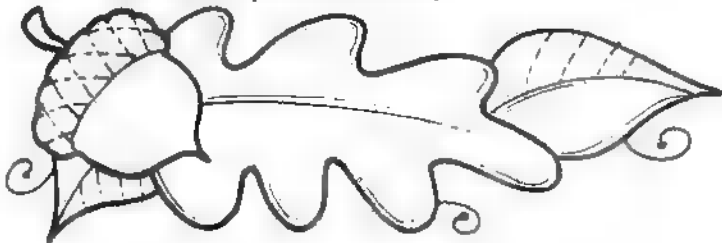
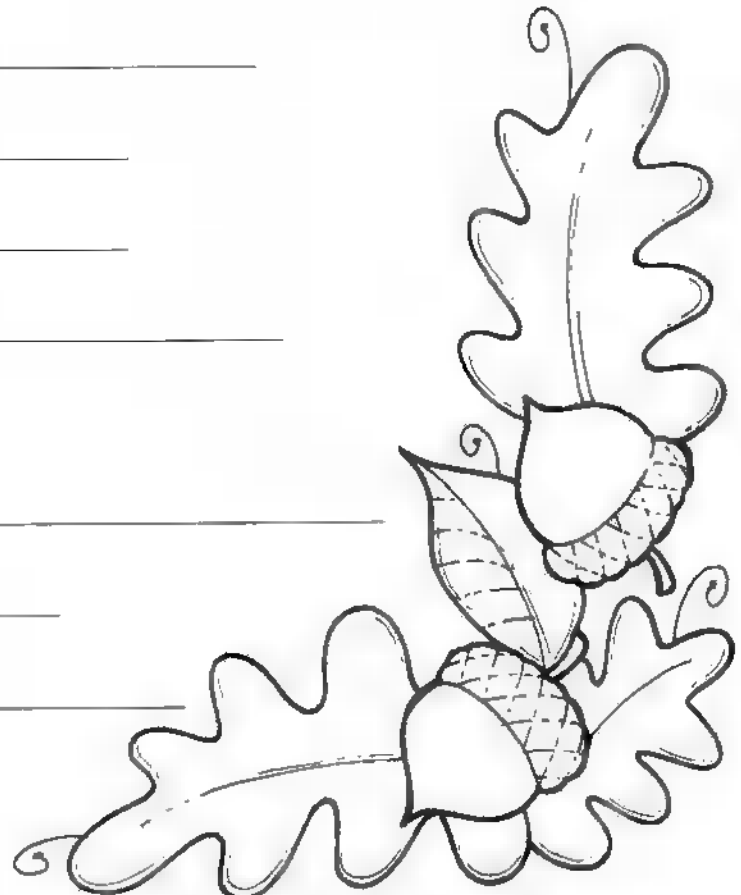


How many smaller words can you make with the letters in THANKSGIVING?

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Does one of your words fit each blank below? If not, can you think of a word that will work? You can use only the letters in THANKSGIVING.

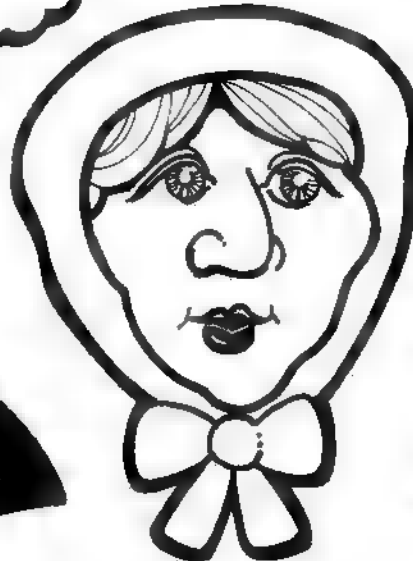
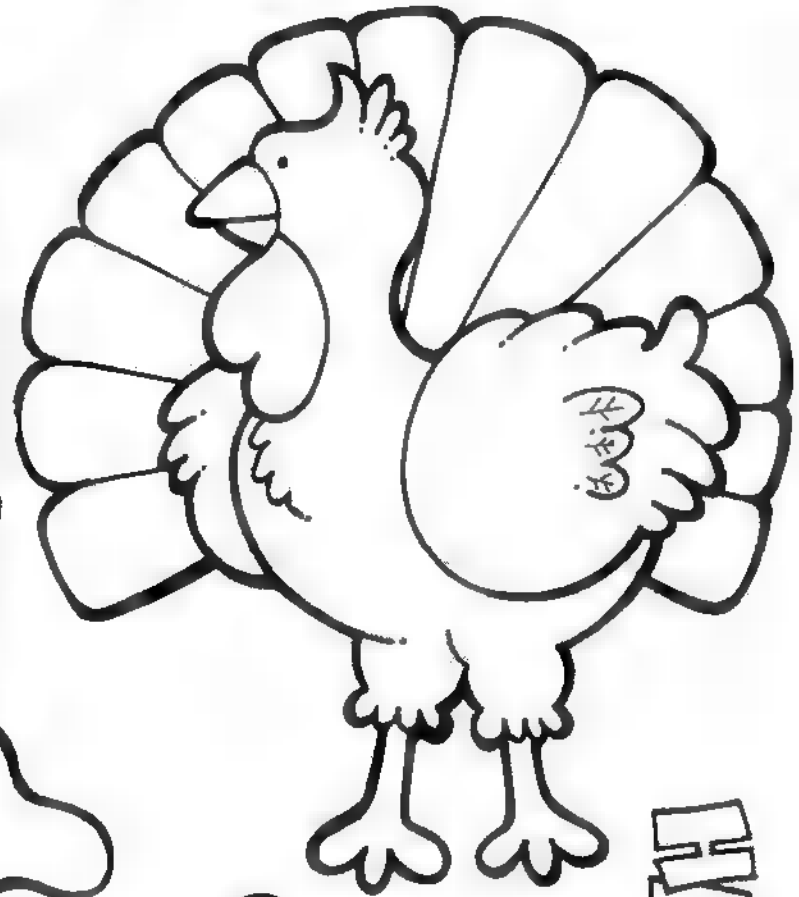
1. What a diner gives at the table _____
2. A small job _____
3. You do this with your brain. _____
4. Opposite of chubby _____
5. What a noose is for _____
6. Unwanted visitors at a picnic _____
7. Norsemen _____
8. Some people do this in the shower _____
9. A really big guy _____
10. Microscopic-sized flyer _____



Thanksgiving Clip Art



BE
THANKFUL



HAPPY THANKSGIVING

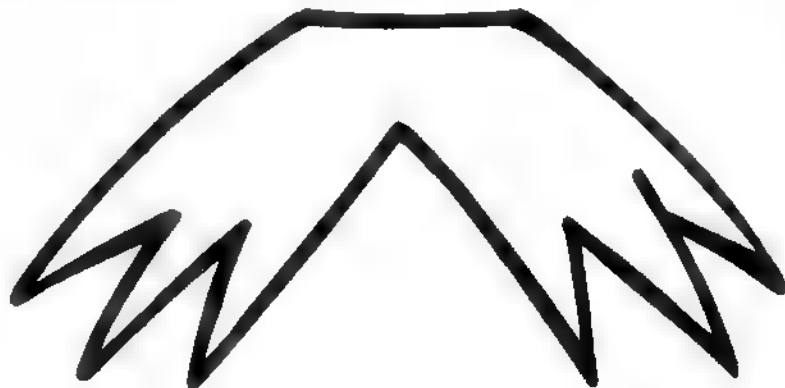
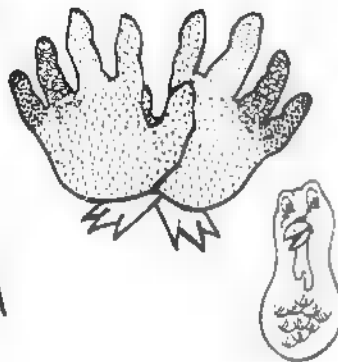
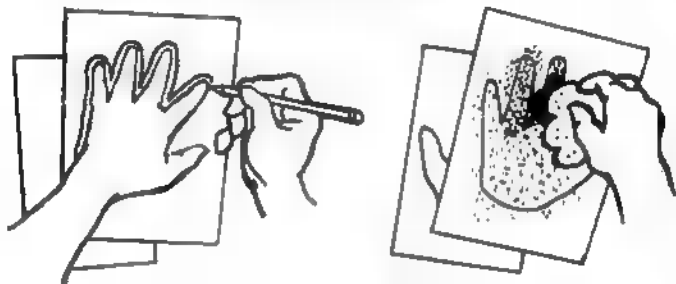
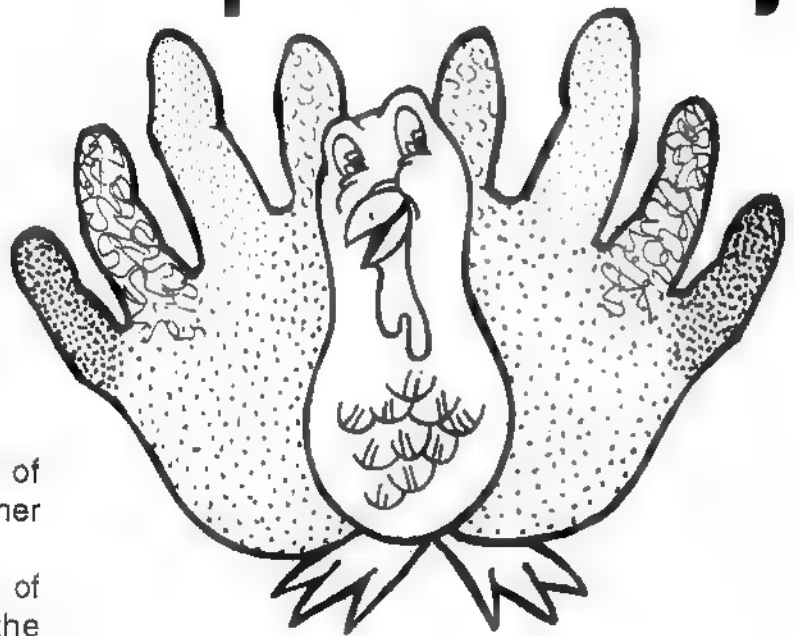
HAND-Shaped Turkey

Materials:

- medium-weight white paper
- pencil
- markers
- tempera paint
- sponges
- paint containers
(plastic margarine tubs work well)
- glue

Directions:

1. Trace your right hand on one sheet of white paper and your left hand on another sheet.
2. Sponge paint each finger and the palm of the hand a different color. Repeat the same sponged color pattern on the other hand.
3. Cut out the hand patterns.
4. Reproduce body and feet patterns onto white paper, using a copy machine. Color and cut out the patterns.
5. Glue hands onto colored feet as shown. Apply glue to the back of turkey body and position on hands as illustrated.



Mixed Vegetables

No one knows for sure what vegetables were served at the First Thanksgiving. The possibilities are many. In the letter maze below you will find the names of thirty vegetables. Each is listed in a singular form (pea not peas,) for example. However, you are a true vegetable lover if you can find all thirty. All names are listed vertically or horizontally.



L	A	P	O	T	A	T	O	T	O	M	A	T	O	D
E	E	G	G	P	L	A	N	T	Q	B	E	A	N	P
G	N	A	I	R	L	E	E	K	S	E	P	E	A	U
C	D	R	C	R	I	Y	A	M	Q	A	P	E	S	M
U	I	L	T	H	M	O	Y	S	U	N	E	K	P	P
C	V	I	K	U	A	R	U	T	A	B	A	G	A	K
U	E	C	A	B	B	A	G	E	S	E	N	B	R	I
M	O	E	L	A	E	D	G	A	H	E	U	R	A	N
B	K	L	E	R	A	I	L	M	O	T	T	C	G	P
E	R	E	K	B	N	S	P	I	N	A	C	H	U	E
R	A	R	O	N	I	H	S	P	I	C	O	I	S	P
C	O	Y	R	N	L	A	C	C	O	R	N	V	D	P
B	C	A	R	R	O	T	S	T	N	O	B	E	N	E
O	S	W	I	S	S	C	H	A	R	D	O	A	L	R

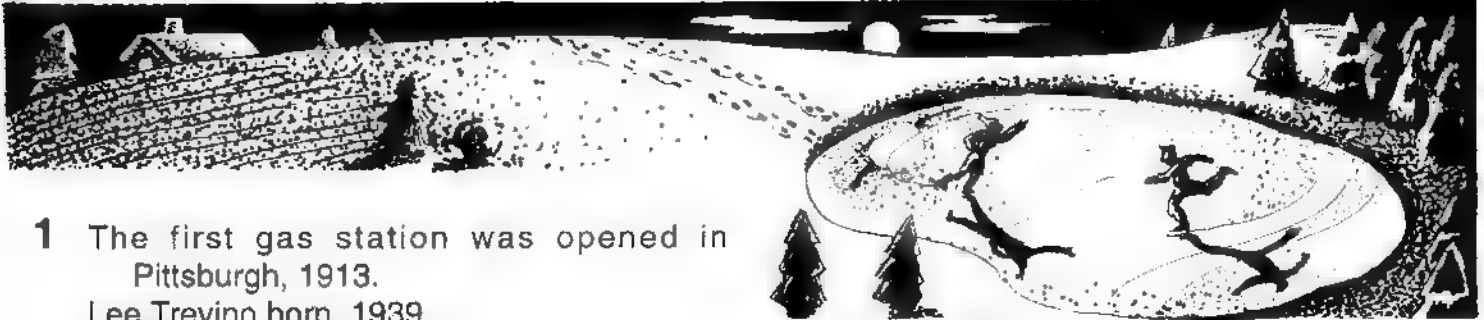


I am sure the list of vegetables used to create this word search will create some discussion. Several of the vegetables used are relatively uncommon. Some may be considered fruit. The list was taken from World Book Encyclopedia.

Answers on page 48.

December Calendar

Here are two pages of December happenings and events. The information can be used in many ways. Use it to continue the "Ask ME About" activity described on page 34. A daily event could be posted on a common area bulletin board, or the information can be used to create newsletters or your monthly calendar.



- 1** The first gas station was opened in Pittsburgh, 1913.
Lee Trevino born, 1939.
- 2** In 1804, Napoleon crowned himself Emperor of France.
- 3** Illinois became the 21st state, 1818.
Opera diva Maria Callas born, 1923.
Christiaan Barnard performed the first heart transplant, 1967.
- 4** Today is State Capital Day. Ask residents the capital city of various states.
Mexico celebrates the Day of the Artisans. It's their labor day.
- 5** Martin Van Buren, 8th President, born in Kinderhook, NY, 1782. He was the first to be born a citizen of the United States. Our previous Presidents were born before our independence.
Walt Disney was born, 1901.
- 6** In 1492, Columbus discovered Hispanola. The Feast of St. Nicholas is celebrated in many European countries.
- 7** Pearl Harbor was attacked, 1941. See activity pages 21-22.
Delaware became our FIRST state in 1787.
- 8** John Lennon was shot and killed outside his apartment in NYC, 1980.
Diego Rivera, Mexican fresco painter, was born, 1886. He died in 1957.
- 9** Emmett Kelly, perhaps the most famous clown, was born, 1898.
In England on this day in 1842 the first Christmas card was created.
- 10** Mississippi, the Magnolia State, became our 20th state, 1817.
First college basketball game, Yale vs Pennsylvania, 1896.
The first Nobel Prizes were awarded, 1901.
- 11** Indiana, the Hoosier state, became our 19th state, 1816.
UNICEF established, 1946. What do the letters UNICEF abbreviate?
- 12** Human Rights Week begins with Human Rights Day on the 10th and ends on December 15th which is Bill of Rights Day.
Washington, D.C., became the capital city of the United States, 1800.
Pennsylvania, the Keystone state, became a state, 1787.
- 13** In 1642 New Zealand was discovered. It is St. Lucia Day in Sweden. There is a candlelight parade.
- 14** George Washington died, 1799.
In 1819, Alabama became our 22nd state. Alabama is know as "The Heart of Dixie."
South Pole discovered, 1911 by Roald Amundsen, ■ Norwegian.

- 15** Bill of Rights went into effect in 1791. The Bill of Rights is the original ten amendments to the Constitution. These include the right to bear arms, the right to freedom of press and speech, and the right to a trial by jury.
- 16** Ludwig van Beethoven was born in Bonn, Germany, 1770.
Beginning of Las Posadas, nine days of celebration before La Navidad (25th). Commemorates the journey of Mary and Joseph to Bethlehem.
- 17** In 1903 in Kitty Hawk, NC, Orville Wright took the first flight.
- 18** New Jersey, one of the original 13 states, was the 3rd to ratify Constitution in 1787. New Jersey is the "Garden State."
Steven Spielberg was born, Cincinnati, OH, 1947.
- 19** Benjamin Franklin wrote the first *Poor Richard's Almanac*, 1733.
Eleanor Roosevelt was appointed first delegate to the United Nations, 1945.
- 20** Louisiana Purchase was made, 1803.
- 21** Kwanzaa begins. This celebration is an African-American version of the traditional African harvest festivals. Kwanzaa, in Swahili, means "first fruit." Kwanzaa ends January 1. The unity of black families is celebrated with a community feast on the 7th day of Kwanzaa.
Chris Evert, tennis player, was born, 1954.
The first crossword puzzle was published in 1913.
- 22** This is the shortest day of the year. It is called Winter Solstice.
First coast-to-coast interstate (Interstate 75) was completed, 1977.
- 23** The first transistor was invented, 1947.
- 24** Christopher "Kit" Carson, guide, mountain man, fur trapper, was born, 1809.
- 25** Washington crossed the Delaware River, 1776.
Humphrey Bogart was born, 1899.
- 26** Marie and Pierre Curie discovered radium, 1898.
- 27** Louis Pasteur was born, 1822.
Radio City Music Hall was opened in New York City, 1932.
- 28** Iowa, the Hawkeye State, the 29th state, entered the Union, 1846.
William Semple registered the first patent for chewing gum.
- 29** Woodrow Wilson, 28th President, born, Staunton, VA, 1856.
Andrew Johnson, the 17th President, was born in Raleigh, NC, 1808.
Texas, the Lone Star State, was admitted to the Union, 1845.
- 30** Rudyard Kipling was born, 1865, Bombay, India.
- 31** Ellis Island opened. From 1892-1954 more than 16 million immigrants entered the United States from there.
End of World War II announced by President Truman, 1946.



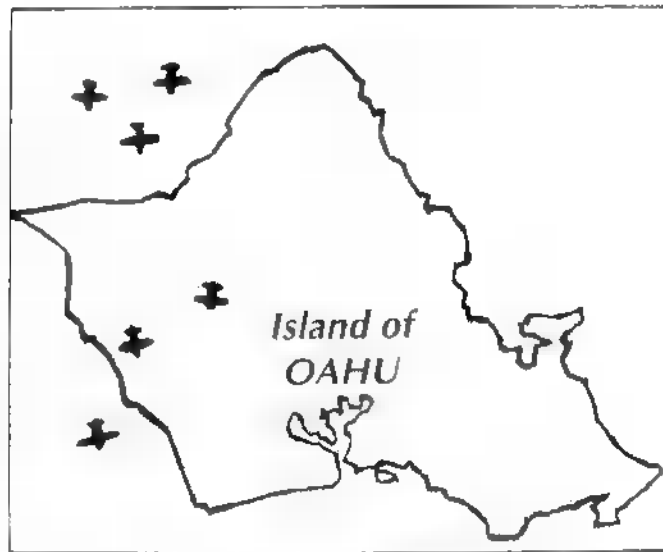


Remembering Pearl Harbor

Purpose: To motivate remembering and reminiscing; to develop oral communication and interaction

Background: Pearl Harbor is one of the finest and largest naval bases in the world. The harbor, just west of Honolulu, Hawaii, is formed by the two mouths of the Pearl Stream. It is the main base of the United States Navy in the Pacific Ocean.

When Japan invaded Indochina in 1940, the United States stopped shipping materials to Japan that would help them in their war effort. We also froze all Japanese assets in America. The Japanese were furious.



In the fall of 1941, General Hideki Tojo, a military extremist, became premier of Japan. He and his cabinet decided to attack the United States. Admiral Isoroku Yamamoto, commander of the Japanese combined fleet, prepared for an attack on Pearl Harbor.

On December 7, 1941, Japanese forces launched a surprise attack on Pearl Harbor. The first bombs fell about 7:55 a.m. (Hawaii time). Approximately 360 airplanes were launched from thirty-three Japanese ships. These airplanes attacked our Pacific Fleet, aircraft at Hickam Field, and other military installations.

Two hours later, when the attack ended, the United States had lost eight battleships, three light cruisers, three destroyers and four other ships, and 170 planes. There were about 3700 casualties.

Discussion Motivators:

1. Can you remember how old you were and what you were doing when you heard the news about the attack on Pearl Harbor? Where were you?
2. What impact did the attack have on your community?
3. How did you feel when you heard the news?
4. What were your feelings about the Japanese?
5. What are your feelings about the attack now? Have they changed? How have your feelings about the Japanese people changed?
6. Were the Japanese justified in their actions? Is any nation justified in bombing another?
7. Were any of your family members in the service during World War II?
8. Did you serve? If so, in what branch and in what part of the world?
9. Should the United States government have rounded up Japanese Americans on the West Coast and placed them in detention camps? Why? Why not?
10. Should Americans be buying Japanese products such as cars, trucks, television sets, and cameras today?

Christmas Concentration

To Get Ready: Use your copy machine to make two copies of this page and the next two pages. Color each picture, or have a resident color each picture if you wish. Be sure that each pair is colored exactly the same.

Before cutting apart, glue each sheet of pictures to a stronger paper such as construction paper. Cut the pictures apart. There should be no identifying marks on the reverse side.

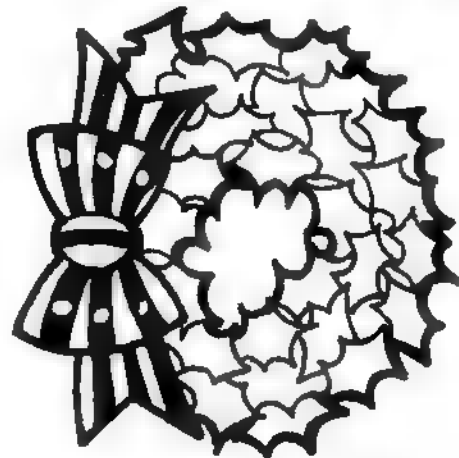
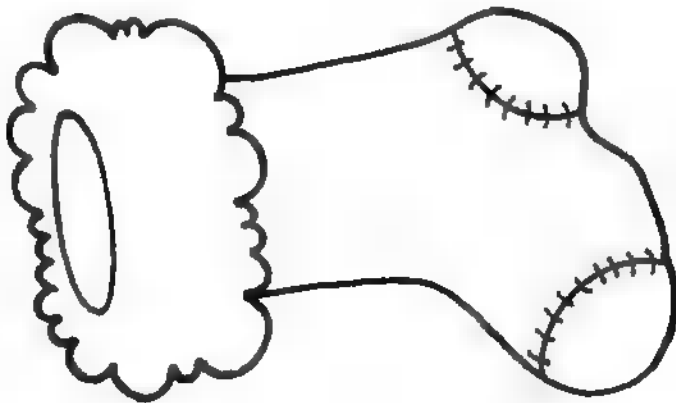
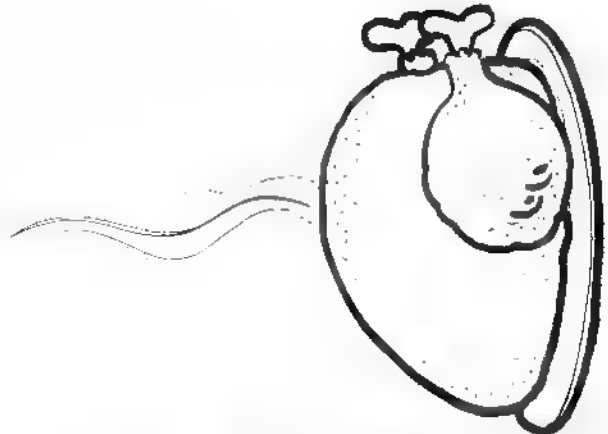
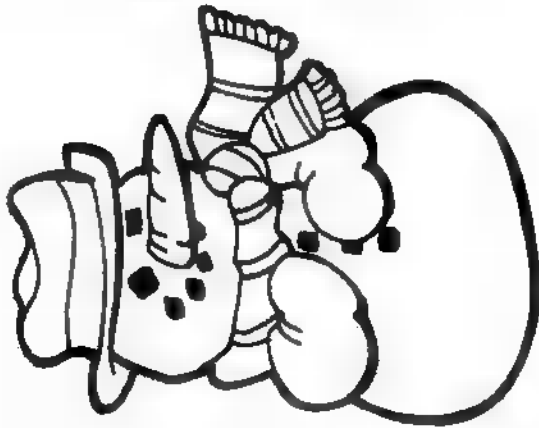
To Play: One person can play this game alone. It is best played in pairs or groups of three. A volunteer or staff member may play with a resident.

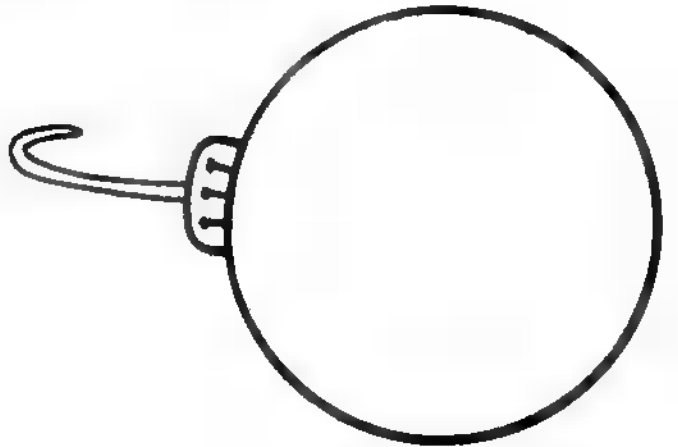
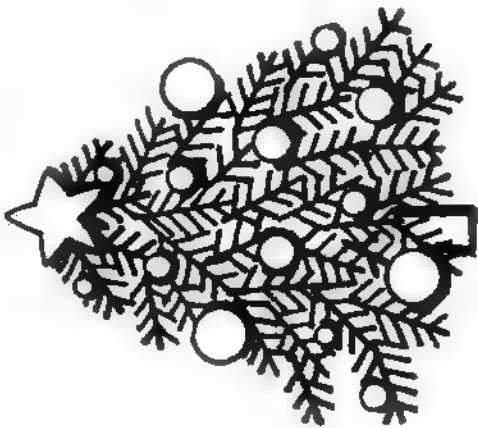
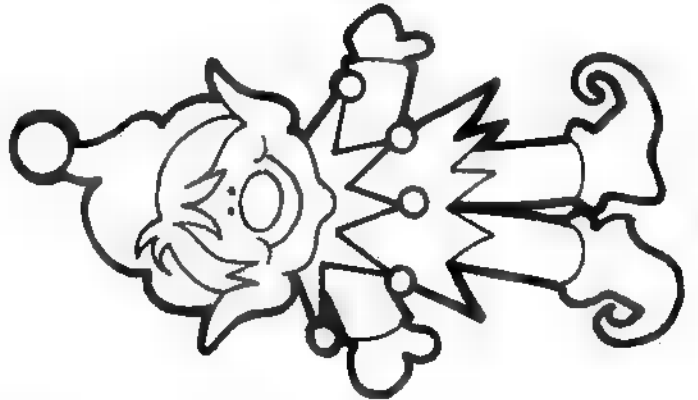
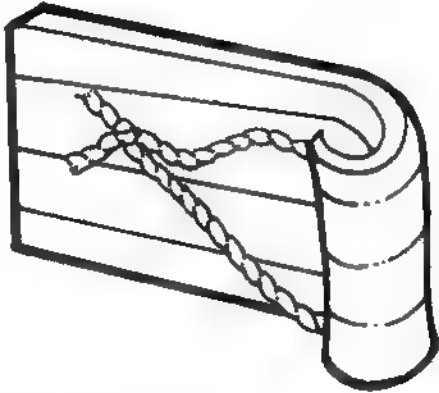
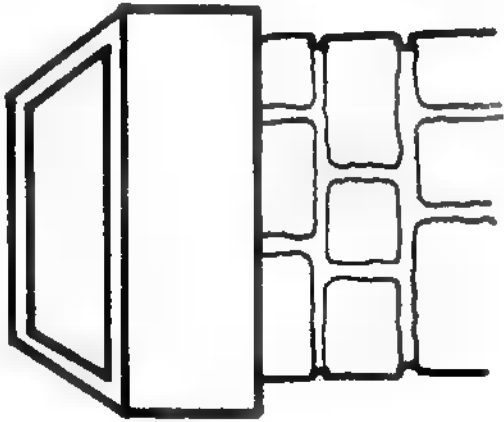
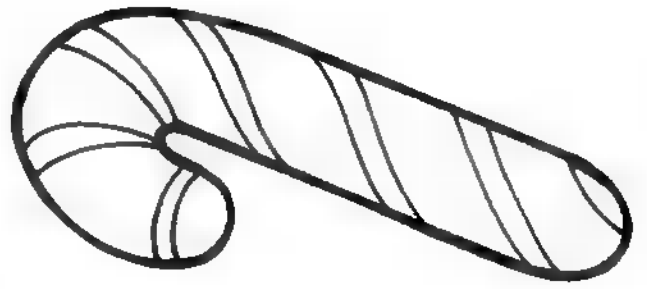
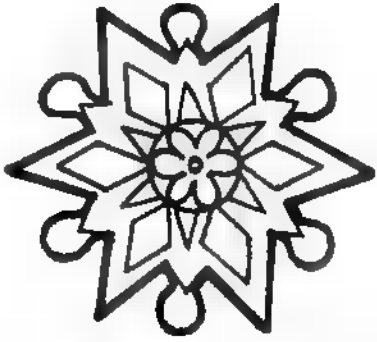
The minimum number of cards to use is eight (four pairs). The number of cards used can be increased based on success or the individual ability of a player(s).

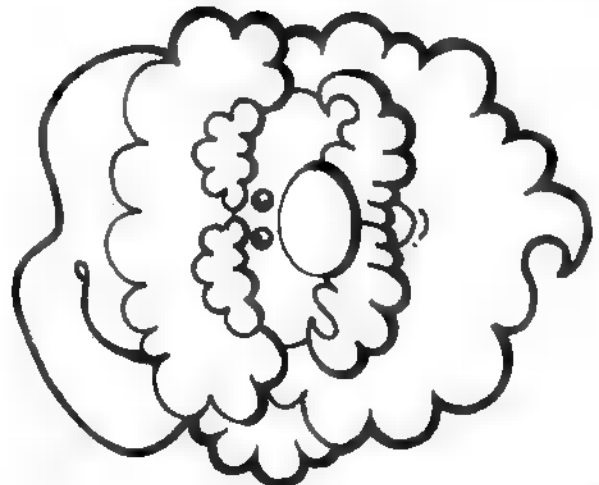
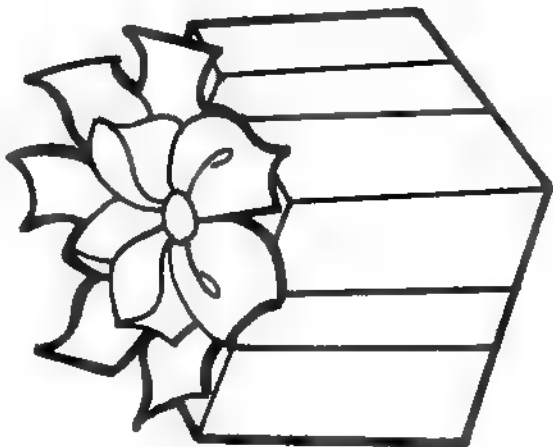
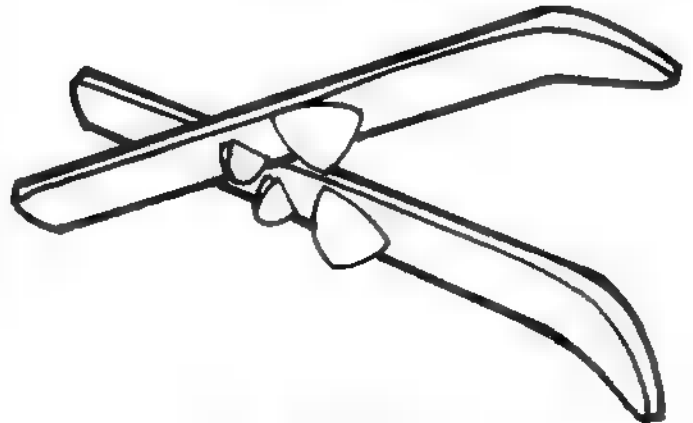
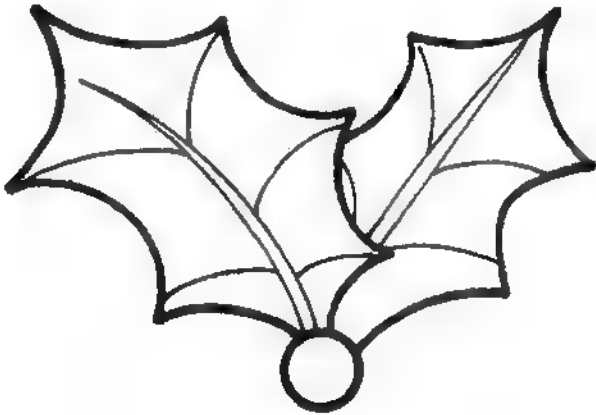
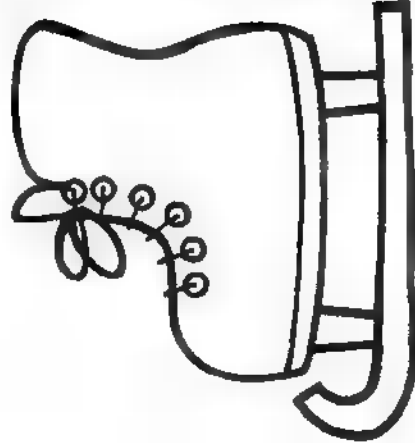
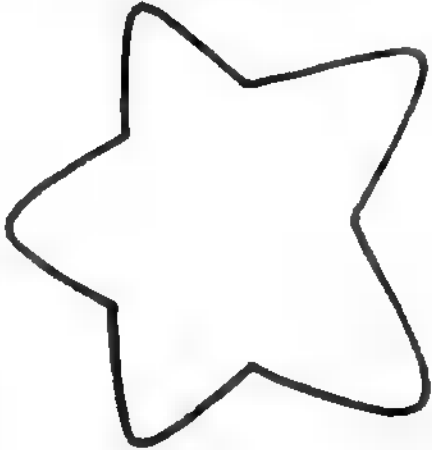
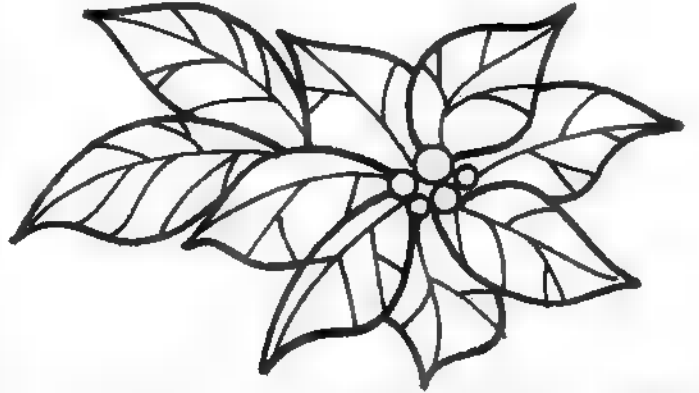
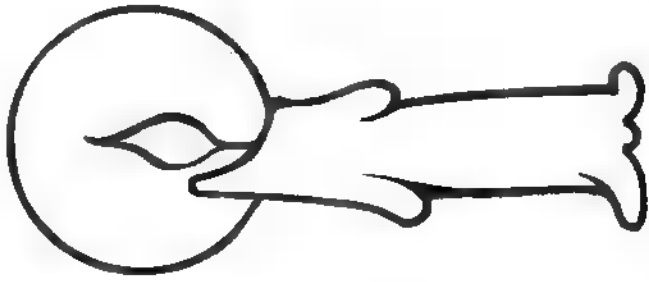
Shuffle the cards to be used and place all facedown in a rectangular shape. The first player turns over two cards. If they match, the player keeps the cards and takes another turn. This continues until the player is unsuccessful in making a match.

If a match is not made, the cards are returned facedown to their original positions. It is then the next player's turn. The player making the most matches is the winner.

Objective: To concentrate and remember







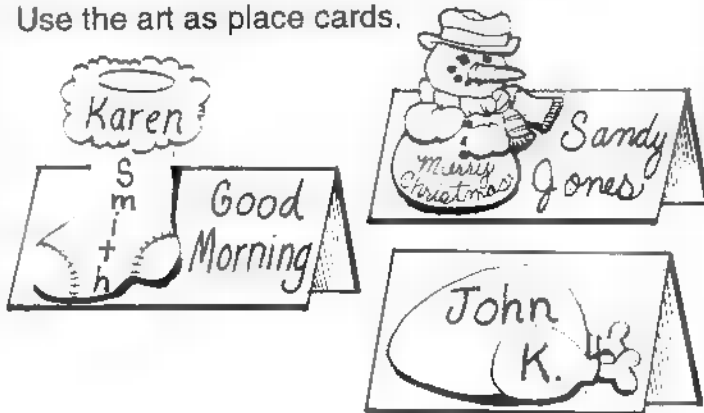
Other Uses for Christmas Concentration Game Card Art

There are many uses for the art on the Concentration game cards. Below you will see a few ways to use the art. Use your copy machine to duplicate the patterns as needed. Each drawing can also be enlarged as needed.

Create Another Game: Duplicate each of the pages of art one time. Mount each picture on a 3" x 5" index card. On a second set of index cards scramble the names of each picture and print the letters. For example, CHIMNEY becomes HYMNICE. Clients/residents can match each picture to a scrambled word.



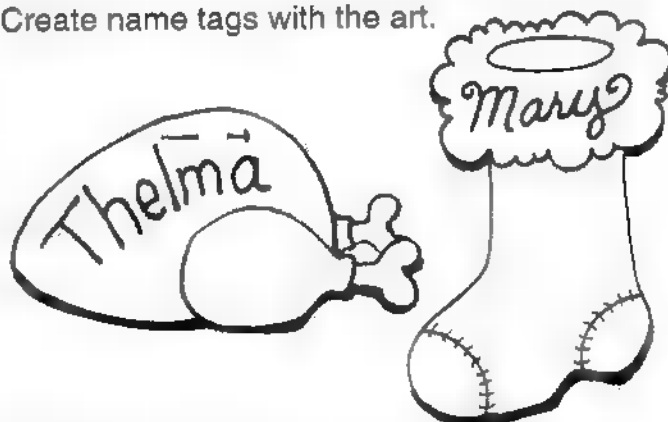
Use the art as place cards.



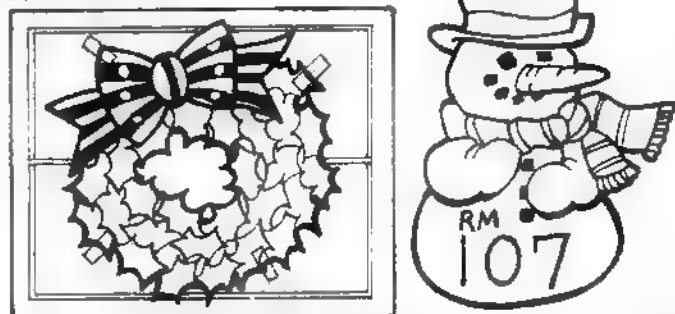
Use the art to decorate handouts.



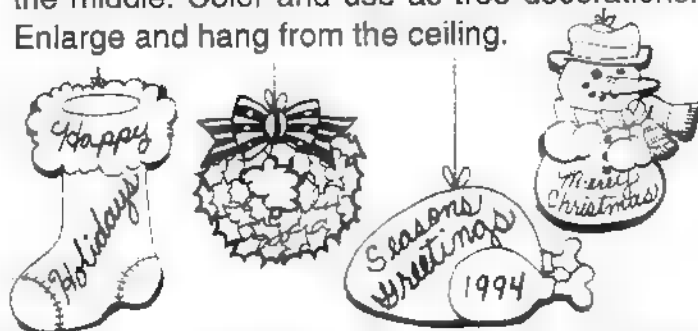
Create name tags with the art.



Enlarge the art and use as door decorations, window decorations, or decorations for a bulletin board.

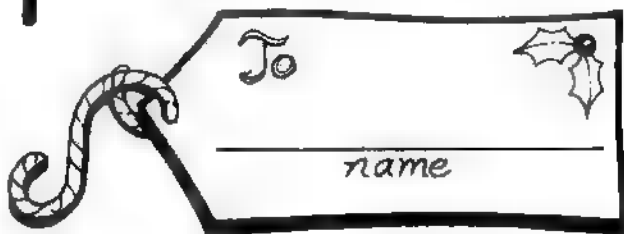
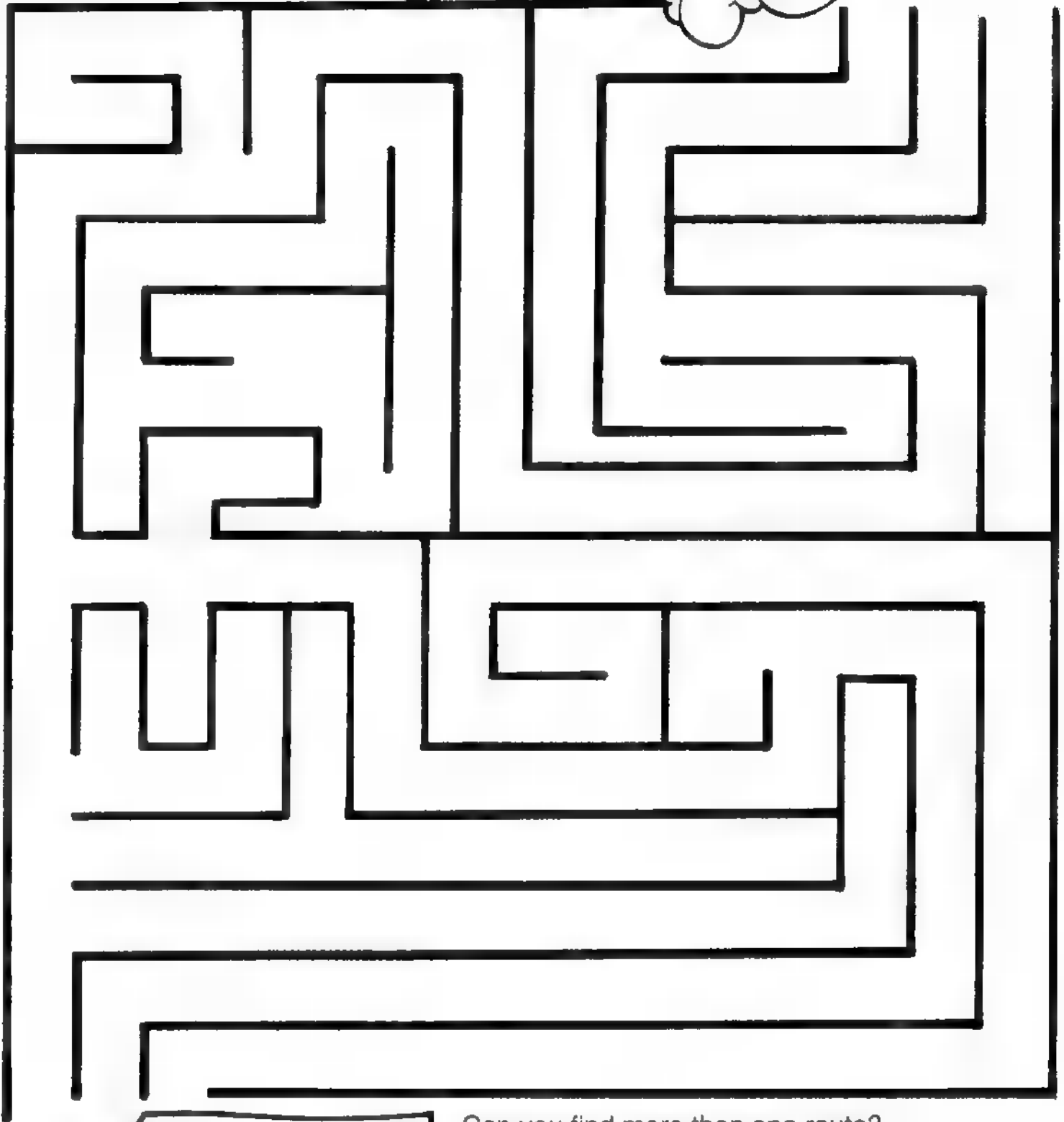
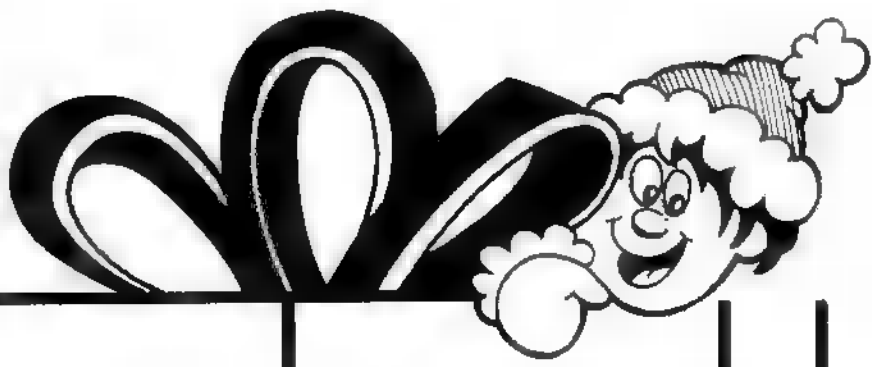


Glue two identical pieces of art back-to-back. Before gluing, place a length of fishing line in the middle. Color and use as tree decorations. Enlarge and hang from the ceiling.



Holiday Maze

The gift tag is missing!
Help Santa's helper find the
way to the missing tag.
Good luck!



Can you find more than one route?
Fill in your name on the gift tag.
MERRY CHRISTMAS!

Styrofoam™ Cup Santa

Materials:

- patterns
- 2 plastic eyes
- scissors
- cotton balls
- art paper:
 - red (hat)
 - pink (face)
 - green (holly leaves)
 - white (eyebrows, mustache, beard)
- red crayon
- stapler, tape, or glue
- pom-poms
 - 1—1/2 inch white
 - 1—1/2 inch red
 - 2 small red

Directions:

1. Transfer patterns onto art paper and cut out. A copy machine may be used to reproduce patterns onto colored paper very quickly.
2. Glue face to cup. (See Figure 1.)
3. Apply glue to the inside edge of beard and press onto face. (See beard pattern and Figure 2.)
4. Glue mustache, pom-pom, nose (red or pink), plastic eyes, and eyebrows to face area. Plastic eyes are optional. Or, you may draw eyes with black and blue markers.
5. Color cheeks red. Rouge or crayon works well.
6. Roll hat paper into a cone, overlap edges and staple, tape or glue. Trim cone to fit top of cup.
7. Glue cotton balls around bottom rim of hat cone.
8. Glue paper holly leaves and pom-pom holly berries (smaller size) to white pom-pom trim.
9. Apply glue to top edge of cup and place hat on it as shown (Figure 3).

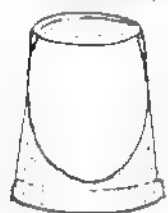


Figure 1

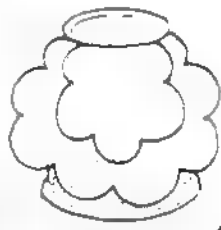


Figure 2

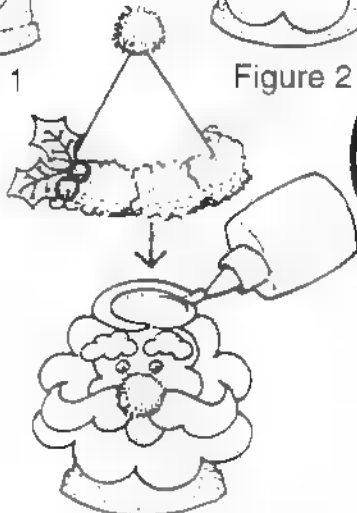
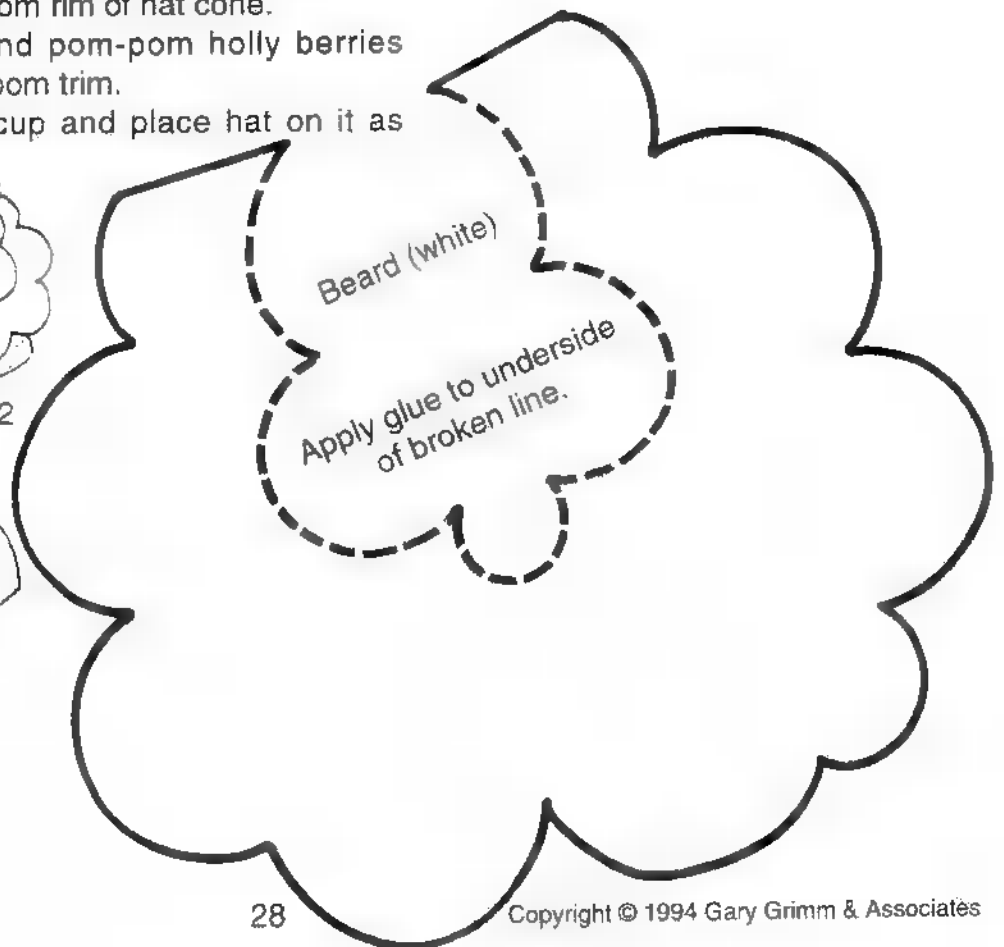
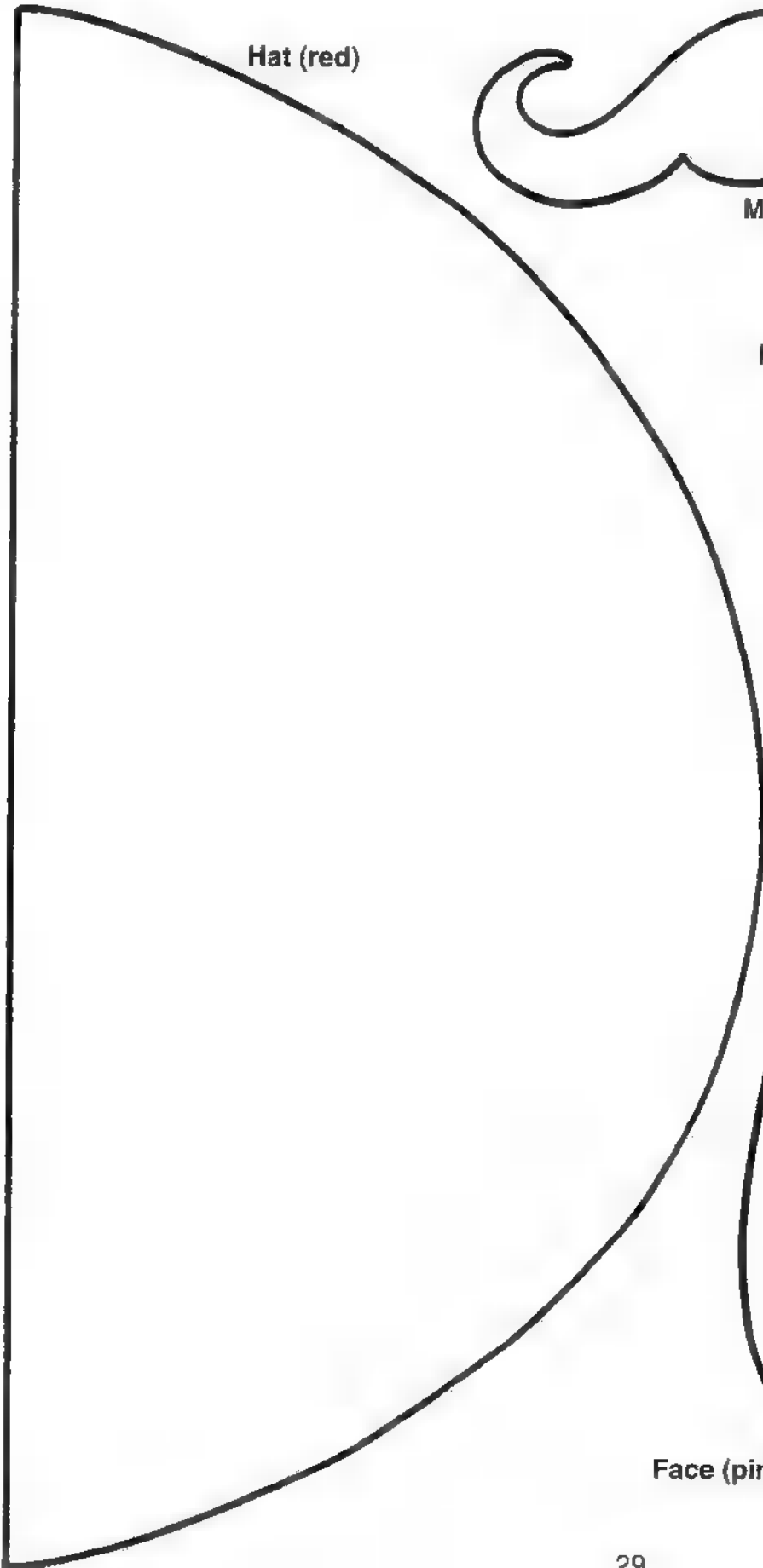


Figure 3



Styrofoam™ Cup Santa Patterns



Hat (red)



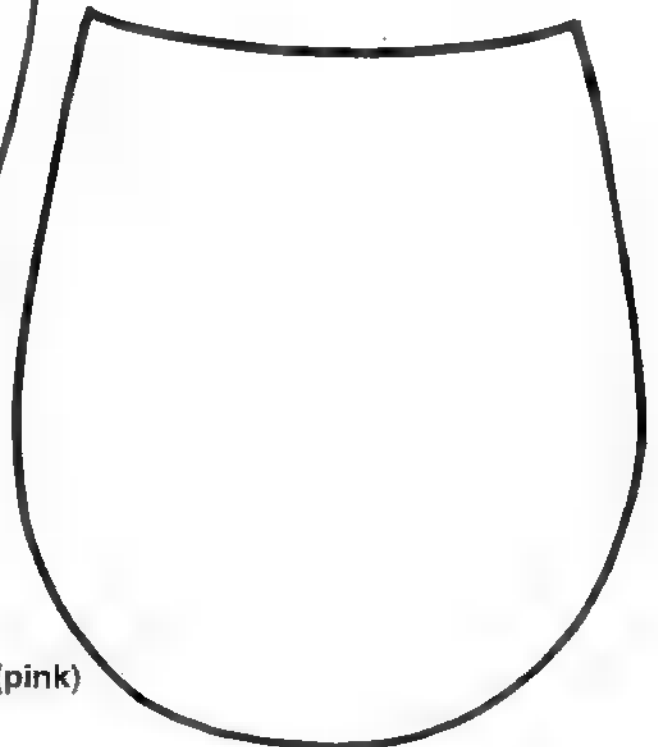
Mustache (white)



Holly (green)



Eyebrows (white)



Face (pink)

Enhance Your Christmas Activity Program

with a Fantastic Holiday Combo

1. "Merry Christmas J-I-N-G-O,"
The BINGO style, intergenerational
game for up to 32 players.

and

2. "Christmas Memories" Poster,
a fun-filled activity poster that
motivates reminiscing and
creativity. Each poster is 17" x 22".



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	GGA004 Halloween J-I-N-G-O		
	GGA005 Christmas J-I-N-G-O		
	GGA007 Valentine J-I-N-G-O		
	GGA008 Birthday J-I-N-G-O		
	GGA009 Springtime J-I-N-G-O		
	GGA030 Birthday Poster		
	GGA031 Getting To Know Poster		
	GGA032 School Days Poster		
	GGA033 Loves America Poster		
	GGA034 Christmas Poster		
	GGA035 Summer Fun Poster		
	**GGA100 1-year Subscription A New Day (\$24.95)		
	GGA101 2-year Subscription A New Day (\$44.95)		

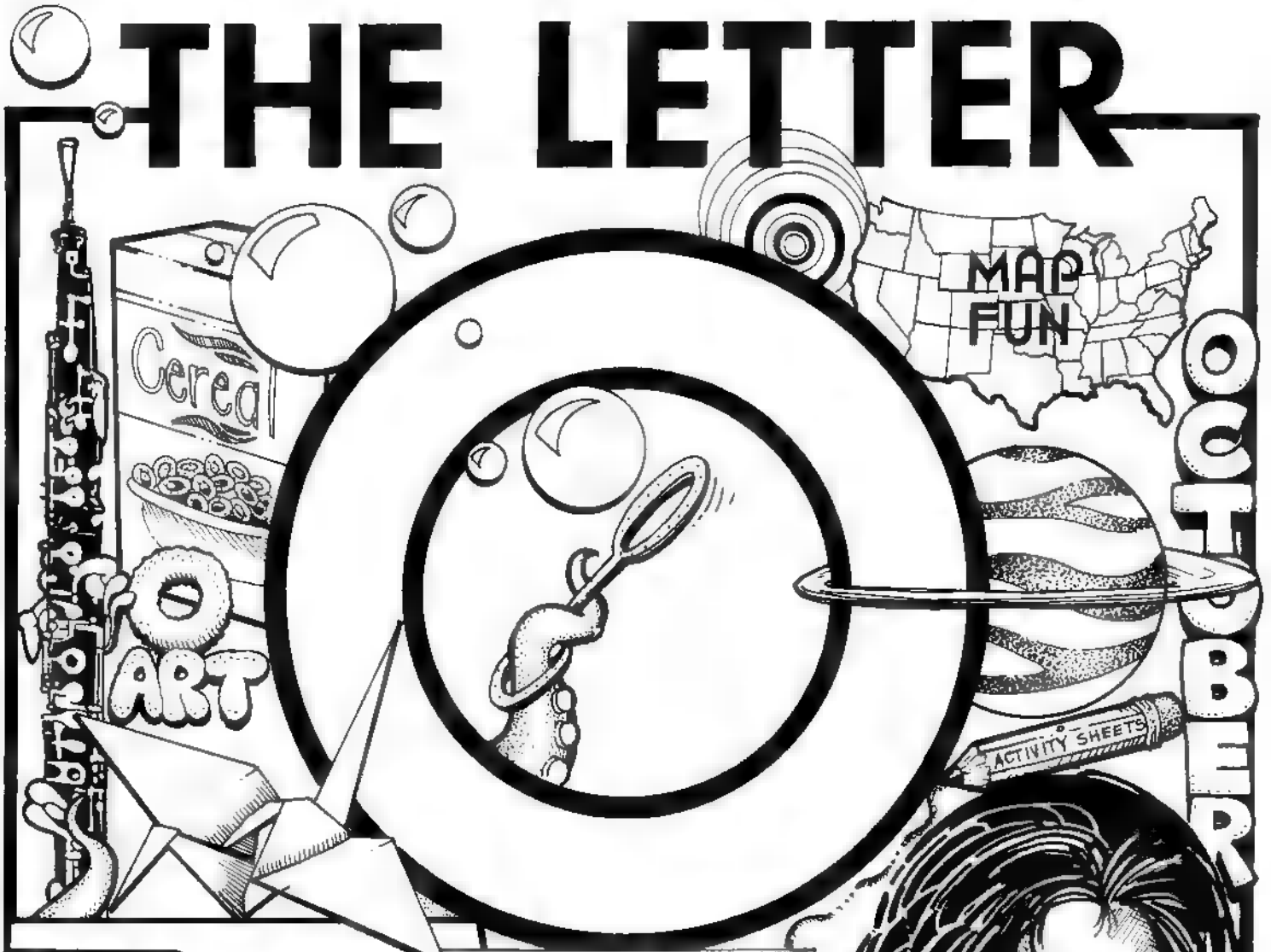
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THIS ISSUE'S FOCUS:

THE LETTER



OKLAHOMA

A Bulletin Board
Word of the Day
Circle Designs
Activity Sheets
A Taste of the
Letter "O"
Thinking Creatively
Sensory Awareness
Bubbles and
Goo-Goo Eyes
Reminiscing:
Famous "O" People

OLD
GLORY

How to Use the Ideas and Activities in This Focus Unit

It is not intended that you use all the ideas presented in this focus unit, although someone quite industrious could. Pick, choose, and adapt the ideas presented to best fit your needs as well as the needs of your residents/clients.

THE BULLETIN BOARD: This is probably essential to success because it provides ■ center for the focus. The "Word of the Day" is an easy-to-do and ongoing activity. Creating the bulletin board is also ongoing. It is important because its competition asks everyone to become involved. It is also the center for small and large group gatherings.

CIRCLE DESIGNS: This activity should be introduced early. The area where it is set up can be continued as long as there is interest. Photos of completed designs can become part of the bulletin board display.

ASK ME ABOUT: This activity can also be used to continue interest in the basic focus, The Letter "O," because all the words used in this activity begin with the letter "O." So, when your staff members wear the badge they can say, "Have you checked the bulletin board to see what "O" activity is taking place today?" "Have you contributed to the "O" display?" "Do you know the meaning of the 'Word of the Day?'"

WORD OF THE DAY: Place a dictionary in the display area. Residents/clients can use it to look up the meaning of each daily word. At the end of the day, the meaning of the word of the day can be printed on a sheet of duplicating paper and attached under the word-of-the-day card. An alternative is to print the word and meaning on the reverse side and turn the card over at a specific time each day.

CREATIVITY CIRCLES—THEY'RE SHAPED LIKE THE LETTER "O": To introduce this activity, complete a few circles to show that a circle can easily be turned into a balloon, a penny, or that two circles can be joined to create barbells or a pair of glasses. Fill a folder with copies of the work sheet, place one copy on the outside to identify the folder, and place the folder in the bulletin board display area. It is there so those interested can complete additional sheets. Completed sheets may be displayed.

SENSORY AWARENESS: You or a volunteer can lead this activity several times. Each time collect a small group of residents, five or six or as many bags as you use. It works well if each participant has a bag at the beginning. After one minute's time each participant passes the bag to the left and receives ■ new one.

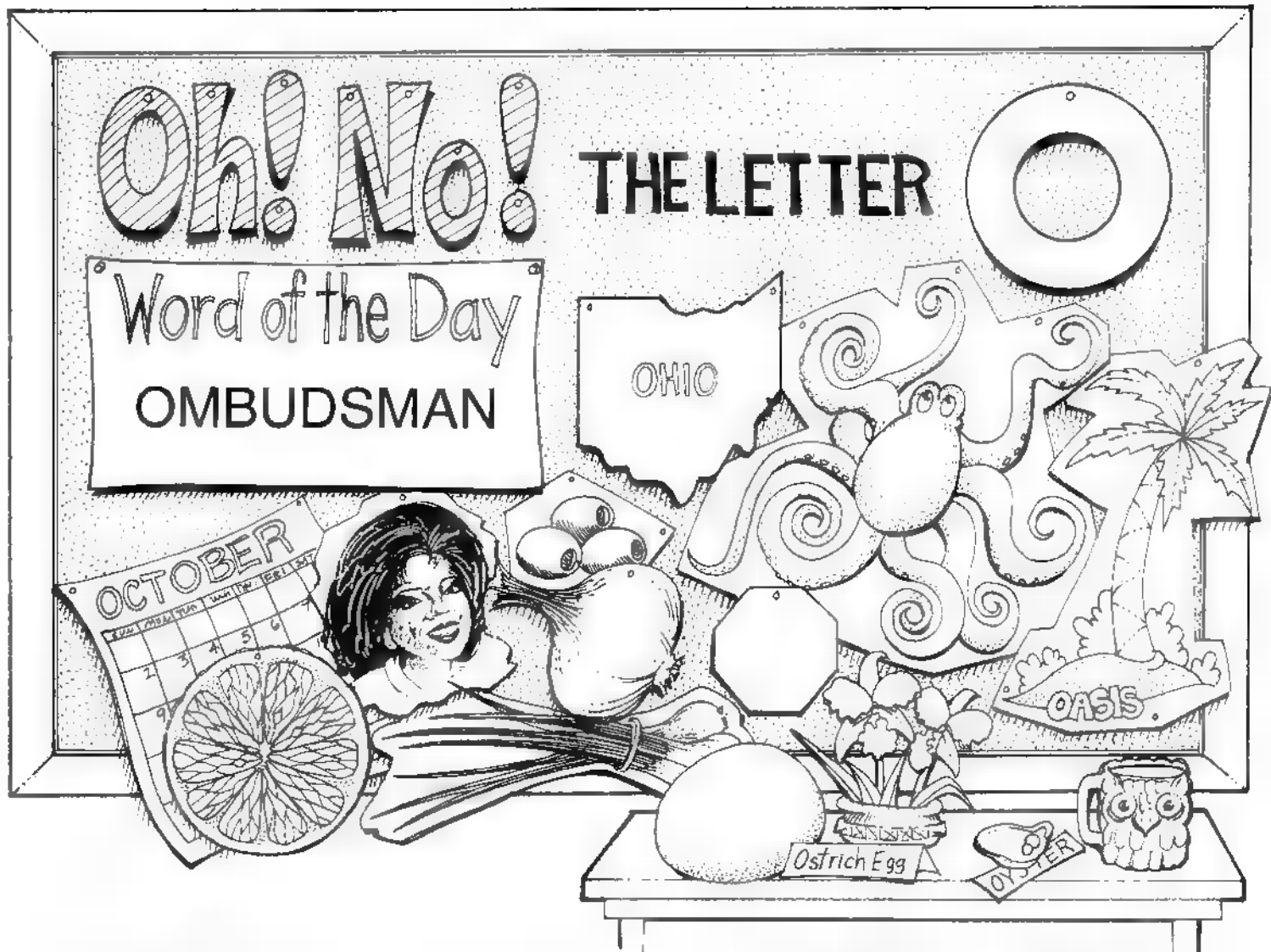
UNSCRAMBLE, GEOGRAPHY, LITTLE THREE-LETTER WORDS: These three work sheets may be introduced and discussed, placed in a folder, and become part of the display. They will be handy for residents to use again when they have visitors to entertain.

OPPENHEIMER, OPRAH, ONASSIS, and O'KEEFFE: Duplicate the portrait side of this sheet so that each client will have a copy to look at as you talk. Information that will allow you to conduct this get-together is on the back. Use the information to stimulate discussion. Introduce Oprah and then watch a segment of her show. Obtain ■ book with some of Georgia O'Keeffe's paintings from a local library and show during this discussion.

Do You Know Where?

Some communities in the United States have very strange names that begin with the letter "O." Print the names below on a large sheet of paper and see if any of your residents can find the correct state for each community. Answers are in the answer key. All these communities have at least 5000 people. Use with poster.

Oconomowoc, Opa-locka, Opportunity, Onalaska, Olyphant, Okmulgee, Oregon, Oyster Bay, Old Bridge, Okemos, Old Town, Okolona, Olathe, Oelwein, Ojus, Old Lyme, Oskaloosa, Ojai, Oro Valley and Opp.



Involvement is the key ingredient of this bulletin board. Residents and staff, as well as volunteers and visitors, should become involved. The object is simple. Anything that begins with the letter "O" can become a part of this display. If space is limited, pictures and items may be rotated.

The bulletin board may also serve as a focus point for presenting other "O" related activities. Place thinking sheets in folders that have been attached to the bulletin board with tacks or tape. You will find several such activity pages in this section. Self-checking answer keys may also be placed in the folders.

Use the bulletin board to announce other "O" activities. For example: Thursday, March 25 at 2:00, we hope you will join us for a taste of the letter "O." See you then.

Items displayed and pictures may be used as a focus for remembering sessions. Circle chairs near the display and allow residents to talk about their contributions to the display or about which items bring back special memories. Ask who can spell one of the "O" items.

Be sure to include the picture of any resident or staff member whose name (first or last) begins with the letter "O." If a picture is not available, have the person write or print his or her name on a sheet of colored paper.

Ask ME About

Not every day but every few days wear a badge (pattern below). Printed on the badge should be the words: Ask ME About. Below this the words change each time. On this page you will find names of several people and words that you could use on the badge. Staff members should wear identical badges, but they could vary in color.

PURPOSE: To motivate thinking, develop inquisitiveness, and refresh memories

GETTING ORGANIZED: Use the pattern below or any shape. Print "Ask ME About" and the subject for the day on the pattern and duplicate a copy for each staff member. Also duplicate the brief information about the various "O" words/people found below. The staff will need to know a few basic facts.

MAKING IT WORK: Each staff member wears a badge. Hopefully, residents will ask questions. Some may need to be motivated. Train the staff to drop hints about badges. Did you notice my badge? Am I wearing something different today? Don't you want to ask me about ___? See my badge. Do you know anything about ___? Let me tell you about ___.

After you do this a couple of times, your residents will be watching and waiting for the next time the badges are worn. If residents suggest a topic for the badge . . . GREAT! Be sure to use it next time.

ANNIE OAKLEY

(1860-1926) Real name Phoebe Anne Oakley Mozee. American marksman. Star of Buffalo Bill's Wild West Show for seventeen years. Could shoot pistol, rifle, shotgun. Born in Patterson, OH. Musical *Annie Get Your Gun* based on her life.

BOBBY ORR

(1948-) One the greatest defensive players in the history of the National Hockey League. Broke all records for defense. First defensive player to score more than 100 goals in one season. Most valuable player three times. Born in Parry Sound, OR. Played ten years for Boston Bruins.

OBELISK

A four-sided stone pillar is an obelisk. The sides slope slightly inward so it is narrower at the top. The Washington Monument in Washington, D.C., is a famous example. The ancient Egyptians were fond of building these. They were

made from blocks of granite. The Egyptians built them and then lifted them to an upright position. How could they do this without modern machinery? Egyptians also covered them with hieroglyphics (picture writing).

OCCULTISM

Refers to the knowledge of the supernatural. Beliefs are not bound by the laws of modern science. Means secret/mysterious. A fortune-teller claims to have knowledge of the occult. He/she claims to be able to explain things that people in general cannot know. Astrology, spiritualism, alchemy, and magic are parts of the occult, as well as ESP (extrasensory perception) and superstition.

OKINAWA

554 sq.mi. (67 miles long and 2 to 16 miles wide. 1,000,000 people. Capital is Naha. U.S. captured this Pacific island during World War II (returned to Japan in 1972). Important to U.S. because of easy flying distance to China. Rice and pork are the main foods. Grows pineapples, rice, sugar cane. Tourism is important industry.

OSAKA

The third largest city of Japan. Over 3 1/2 million people live there. It is an industrial and commercial center. It is called the Venice of Japan because of its many rivers and canals. One fourth of all Japanese exports are manufactured there—clothing, electrical products, and cloth.

SANDRA DAY O'CONNOR

(1930-) First woman appointed to the Supreme Court. Appointed by President Reagan in 1981. Born in El Paso, TX, she graduated from Stanford. Her views are generally conservative and she votes with this philosophy in mind.



CIRCLE DESIGNS

Getting Ready:

You will need several sizes of corrugated pizza wheels. Ask nicely and you may get them free from your local pizzeria.

A variety of round-shaped objects are needed. Place each item in a Ziploc™ plastic bag.

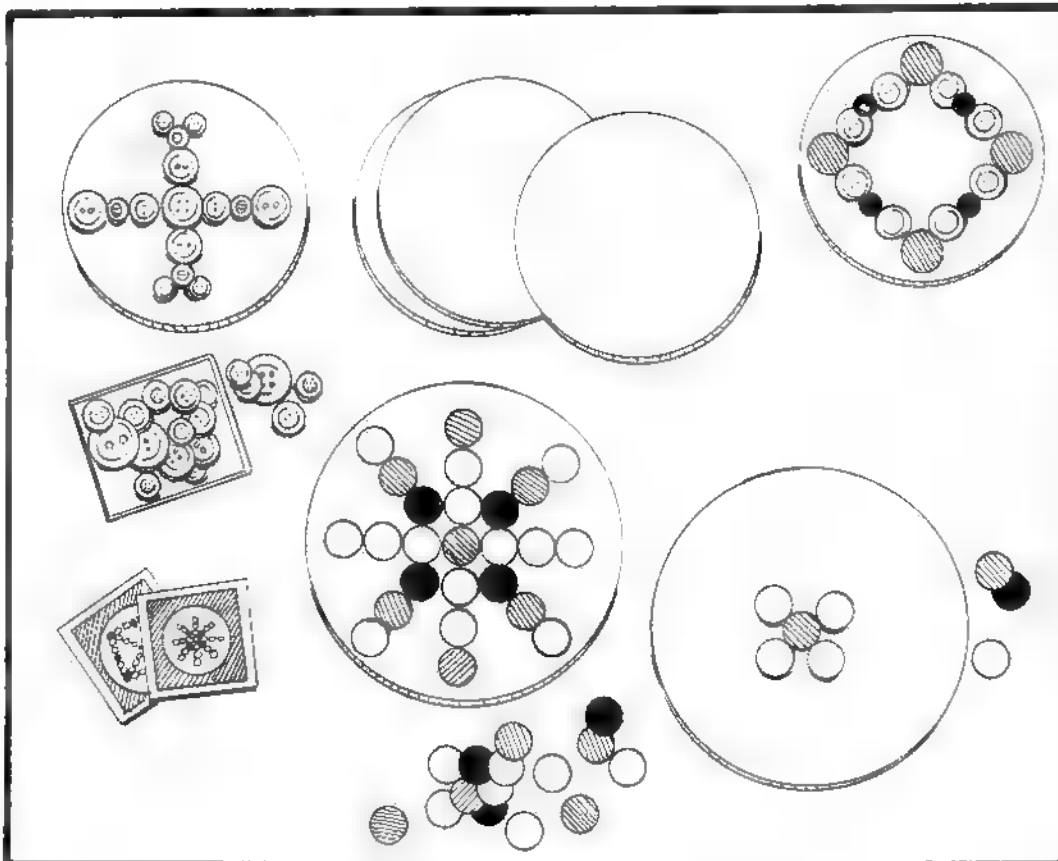
- poker chips and/or checkers
- buttons of various sizes and colors
- coins: pennies, nickels, dimes
- colored plastic counting discs (available from toy or craft stores)

A small table is needed to serve as a work area. If it is large enough for more than one person, the added benefit of interaction is involved while the clients are working on the project.

The Activity:

The resident sits and creates colored designs much as one would create a quilt block. Completed efforts may be photographed before they are destroyed. The photos may be displayed by the work area.

Have a volunteer complete several designs that are not too complicated for the residents to copy. Some residents may enjoy trying to repeat these patterns before creating an original design. Designs completed by residents can also become a part of those available to others.

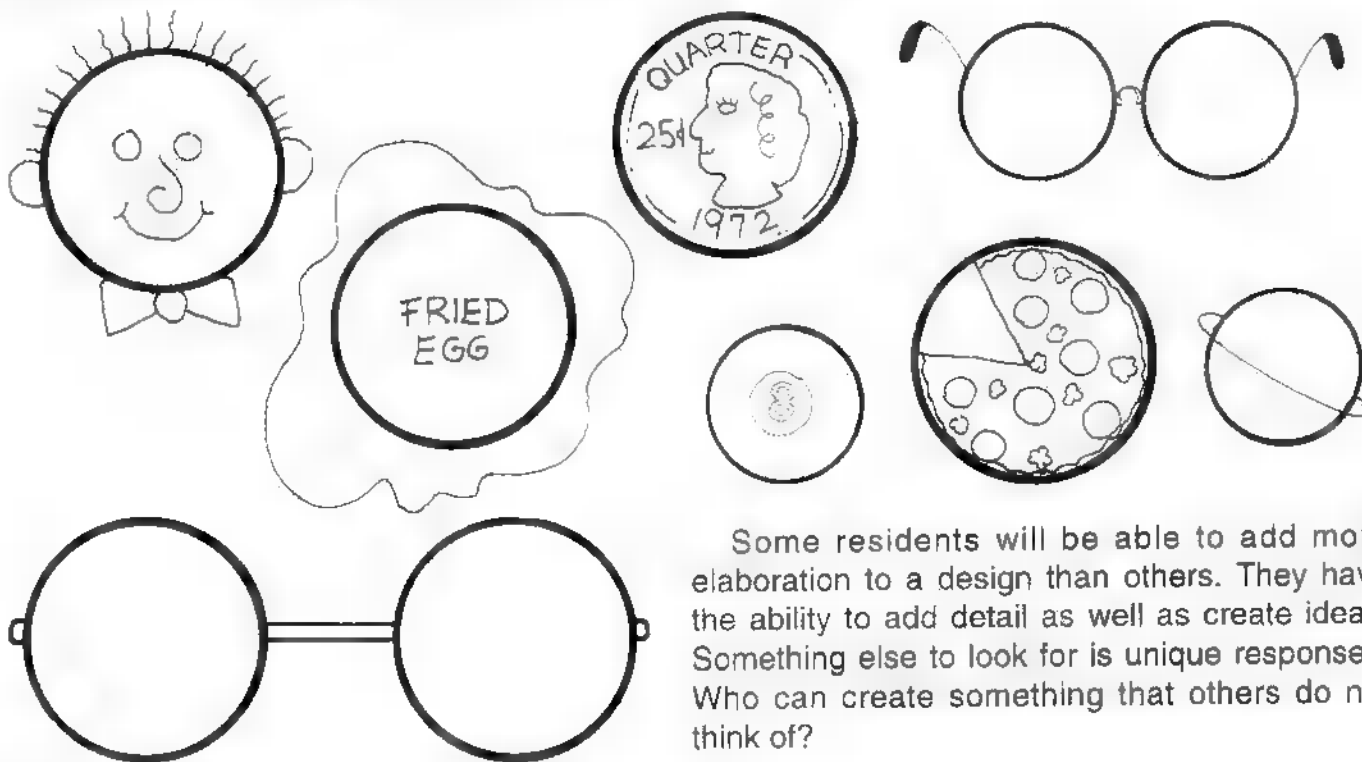


Thirty-one words to use as Word of the Day

obelisk
obi
oboe
oblige
oblong
obscure
obstetrics
obstinate
obtuse
occult
ocelot
octave
odometer
ohm
oldie
oligarchy
onomatopoeia
oodles
opaque
OPEC
optic
opulent
ordain
organdy
organic
ornery
oscillate
osmosis
ovate
oxford
ozone

Creativity Circles

On the next page you will find circles, lots of circles. Duplicate this page as many times as necessary. Introduce this activity to the residents and then allow them to create. Use the examples below to introduce the activity. Circles may be used individually, or they may be joined together to create pictures. The basic idea is to see how many different objects can be created. There are no wrong answers. The object is to be able to see things differently.

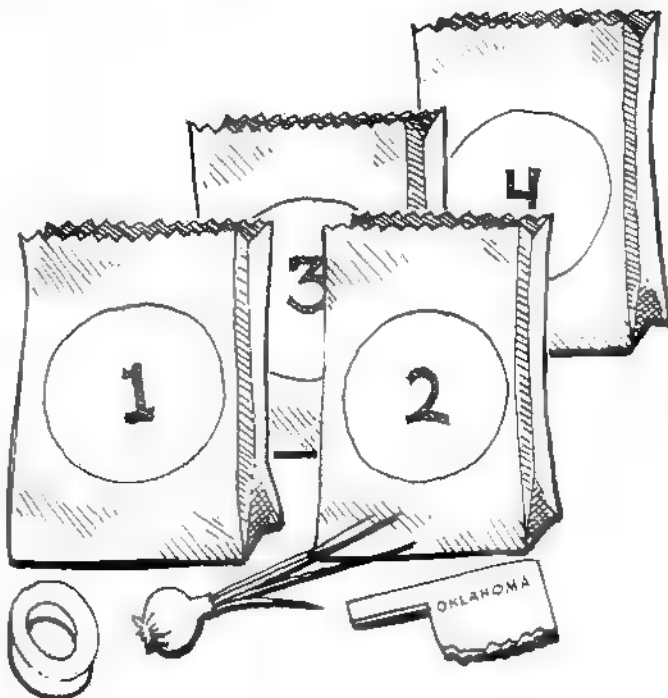


Some residents will be able to add more elaboration to a design than others. They have the ability to add detail as well as create ideas. Something else to look for is unique responses. Who can create something that others do not think of?

Sensory Awareness

In small brown paper bags place objects that begin with the letter "O." Number the bags from 1 to 4. Group the participants in a circle. Pass the bags in sequence. Each person reaches in and feels. Remember, NO PEEKING! On a numbered piece of paper each person can write a response. This activity may be done orally and also be a discussion time. Some things to place in the bag include:

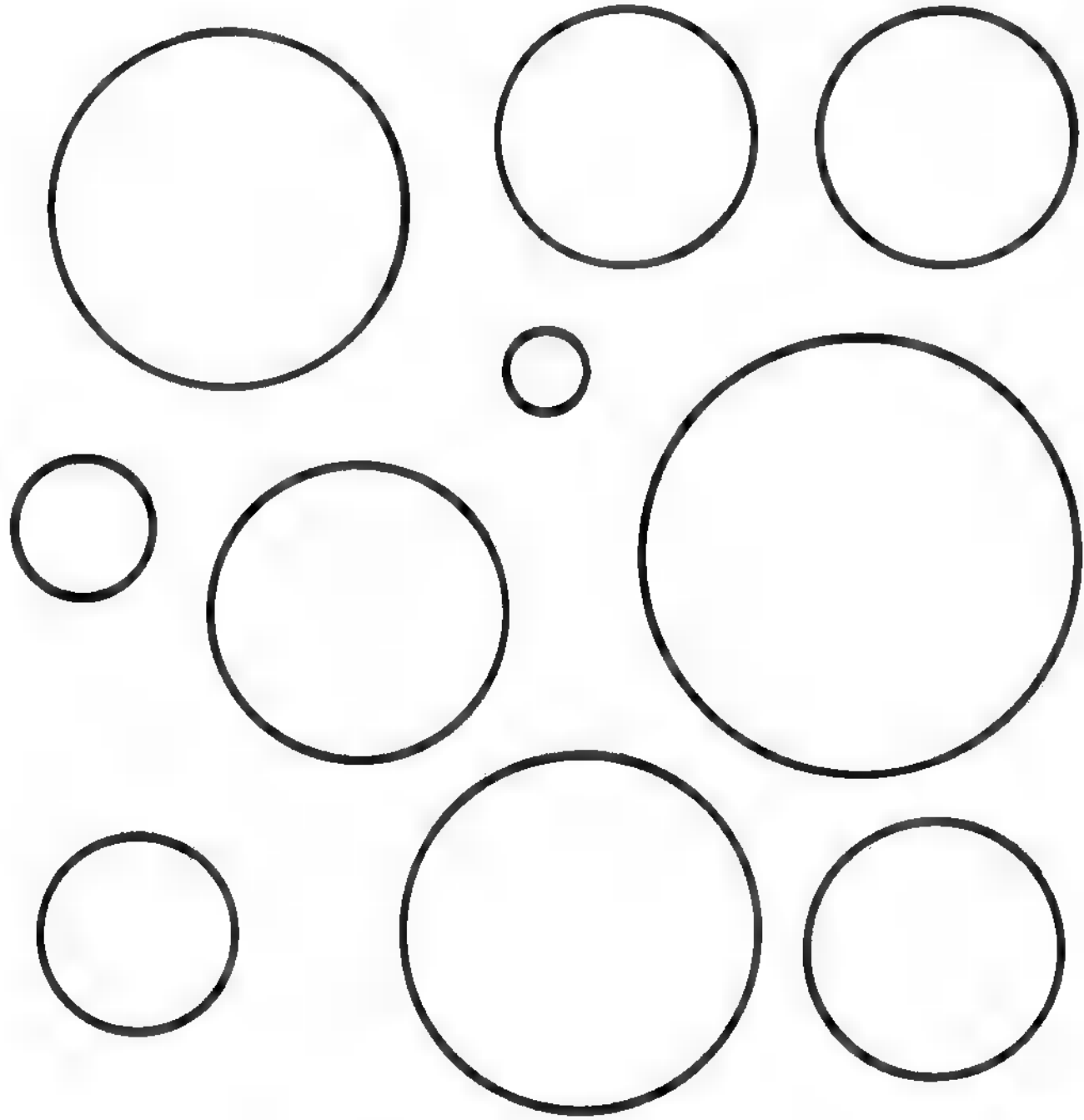
- olive
- orange
- oval shape
- state shape pieces:
Ohio, Oregon, Oklahoma
- fabric: organdy or orlon
- onion
- octagon
- owl (plastic/replica)
- okra
- letter "O"





Creativity Circles

On this page you will find many O's. Use a pencil and add some lines to each O and create something that is shaped that way. Put your thinking cap on and try to imagine many objects. A porthole, the top of a coffee cup, a coin, and a freckle are only a few possibilities. Have fun!



Ask for another sheet of paper if you would like to continue. Or, maybe wait until tomorrow to get another sheet of paper. Until then just think and look around.

Scrambled "O" Words

Can you unscramble the words you find below?

HINT: Each word begins with the letter "O."

Write each word on the line above the scrambled letters.

OCANE

FOEFIC

ASISO

AROPE

GROAN

STOREY

DORICH

CHORTIS

CHORERATS

SOSUMPO

SCOOTUP

BROCTOE

The Final Challenge

LORDYLOG

(Two words—A familiar friend)

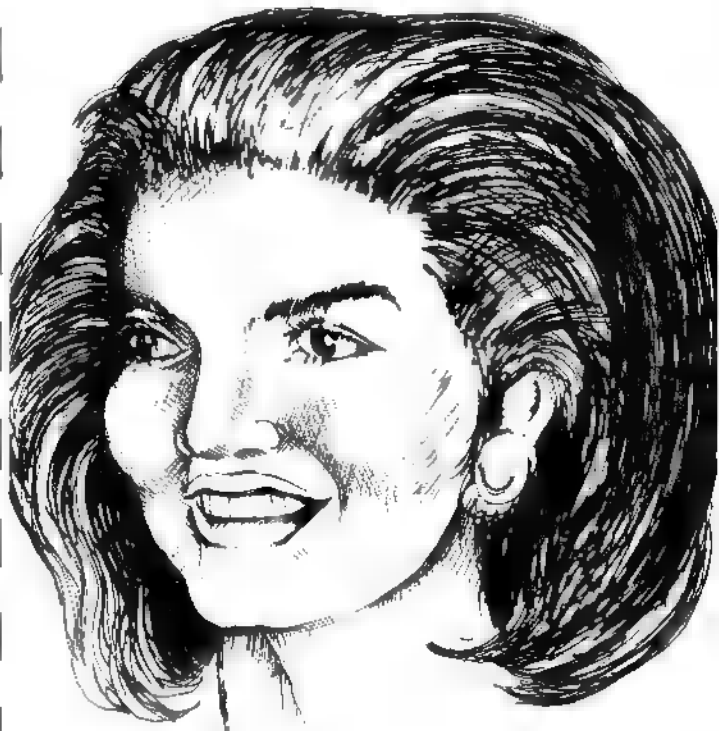




J. ROBERT OPPENHEIMER



OPRAH



JACQUELINE ONASSIS



GEORGIA O'KEEFFE

Oprah Winfrey (1954-)

- television talk show hostess
- lives and works in Chicago, IL
- owns her own studio and production company
- one of the richest women in America
- constantly fights being overweight
- nominated for Best Actress Oscar for her work in *The Color Purple*
- represents to millions the ability to succeed, rise above origins
- typifies the modern American success story
- philanthropist

J. Robert Oppenheimer (1904-1967)

- an American physicist
- noted for building the atomic bomb
- director of laboratory in Los Alamos, NM, where bomb was built from 1943-1945
- after World War II served as a government advisor
- charged with, but cleared of, disloyalty and sympathy toward Communists
- honored for his work in the field of nuclear physics
- graduated from Harvard with honors in three years
- taught at University of California and California Institute of Technology
- retired 1966 and died one year later

Georgia O'Keeffe (1887-1986)

- pioneer in modern movements of American painting
- best known for paintings that enlarged flowers or skulls of animals and transformed them into clear, precise designs
- moved to Taos, NM, in 1929 and began using area there as subject for her paintings
- born in Sun Prairie, WI
- elected to American Academy of Arts and Letters in 1962
- famous paintings include:
Cow's Skull with Calico Roses
Poppies
A Cross by the Sea
Black Iris
Farmhouse Window and Door

Jacqueline Onassis (1929-1994)

- Jacqueline Bouvier Kennedy Onassis
- wife of John F. Kennedy, President of the United States
- two children, Caroline and John
- changed for millions the concept of what the role of the President's wife should be
- led a tour of the newly refurbished White House for television
- known for her dignity and desire to be a private person
- married Greek oil magnate Aristotle Onassis in 1968
- lived her final years in New York City apartment facing Central Park
- worked as a book editor (Doubleday)
- set fashion trends—pillbox hat, suit, as well as slacks

A Taste of the Letter "O"

Discuss the names of foods that begin with the letter "O." Do you like the taste of _____? When do you eat this food? Where were you when you ate this food? Do you know someone who enjoys this food? Do you know someone who enjoys this food? Which of the foods we have mentioned do you like the best? As participants name various foods, write each on a large piece of paper that you have taped to the wall. The discussion should lead to the creation of a couple of foods that begin with the letter "O." A tasting party of "O" foods would be a nice conclusion to this discussion.

Spanish Omelet

The Spanish eat this traditional dish warm ■ well as cold. It is probably the most widely eaten dish in Spain and is called a tortilla (tor-tea-ya). The recipe below should be cooked in an 8-inch skillet.

Ingredients:

- 3-4 medium potatoes, diced
- 1/2 teaspoon salt
- small onion, chopped
- olive oil
- 4-5 eggs, well-beaten

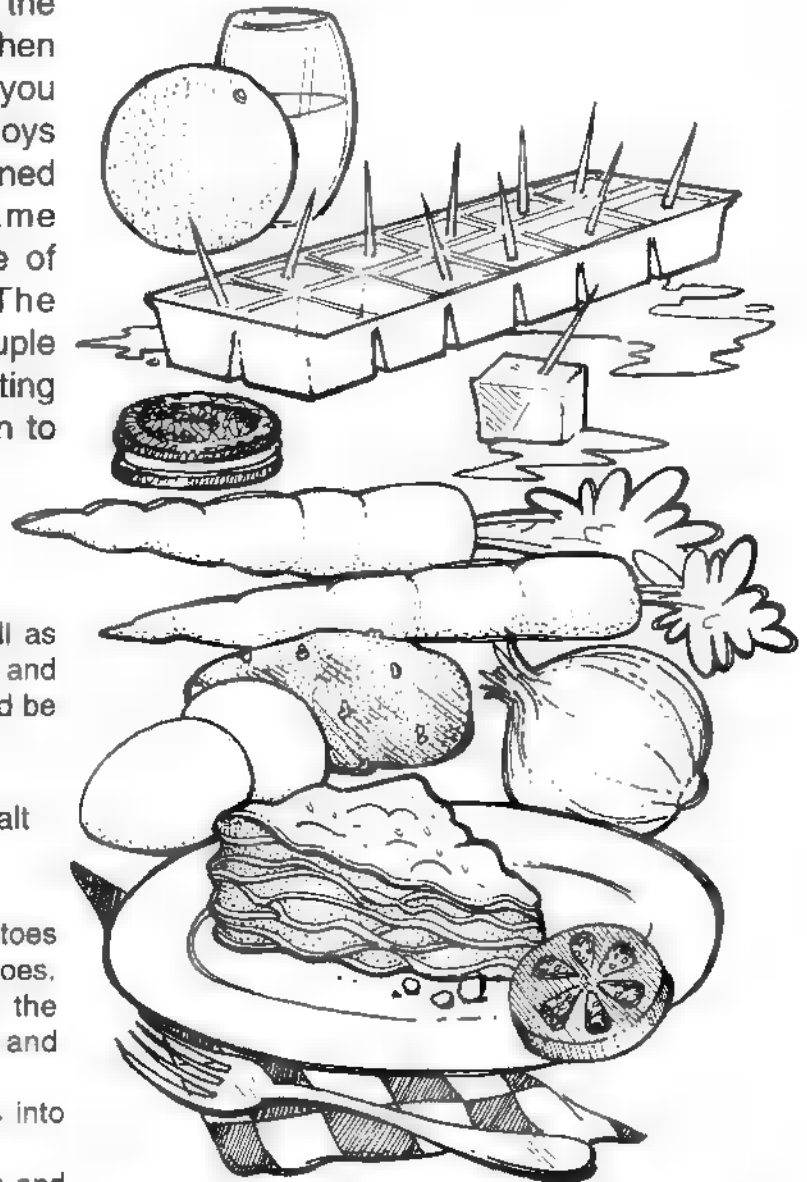
Heat oil in frying pan until very hot. Add the potatoes and onions. Stir so the oil coats and seals the potatoes. Reduce heat and cook until tender, but do not let the potatoes brown. Place a plate over the frying pan and drain off the olive oil. Place potatoes in a bowl.

Beat eggs and salt until well combined. Stir eggs into potatoes and mix well.

Pour oil back into frying pan and reheat. Pour egg and potato mixture into oil and reduce heat. Use a spatula to firm and shape edges of the tortilla. Shake pan frequently to keep it loose. Do not let bottom stick to pan. When solid and browned, place plate over top of skillet and drain off oil. Remove tortilla from pan onto a plate. Put oil back into pan and then return the tortilla (other side down). Continue cooking until golden brown. When done, slide tortilla out of pan onto plate. Cut into narrow wedges as you would cut a pie.

Garlic may be added to potato and onion mixture if desired.

Actually, almost anything can be added to ■ tortilla. It is ■ great way to use leftovers. Try bits of meat, shrimp, spinach, mushrooms, sweet peppers, asparagus, or any vegetable.



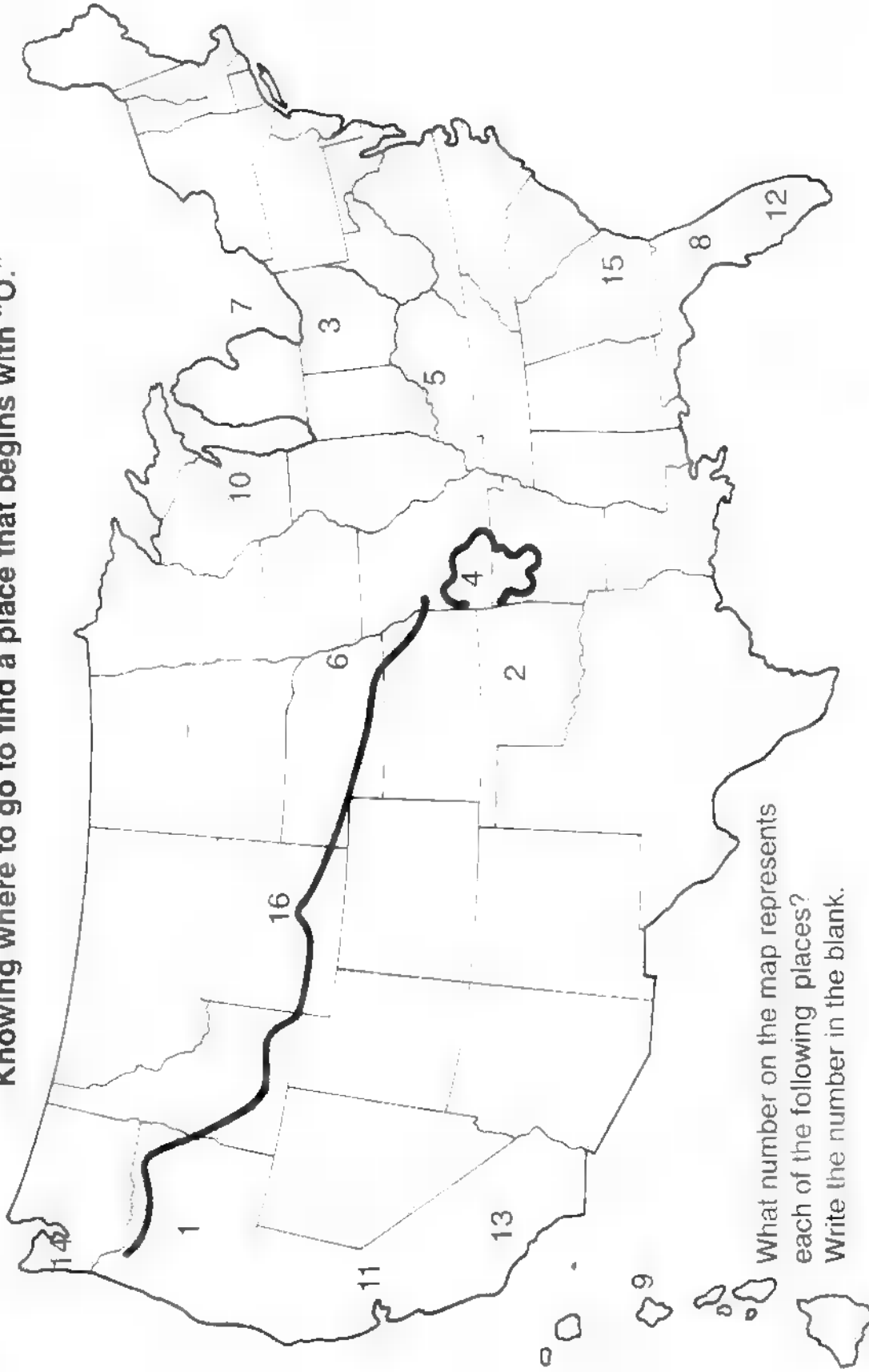
Possible Tastes to Include:

- freshly squeezed orange juice
- omelet or Spanish omelet
- orange jello with carrots
- okra - oysters - onion - oregano
- orange-flavored Popsicles™*
- pumpkin-shaped cookies/orange icing
- Oreo™ cookies
- oatmeal

*Make your own Popsicle™ in ice cube trays. Mix the Kool-Aid™. Use toothpicks for sticks. Remember how much fun this was when you were a kid.

Geography

Knowing where to go to find a place that begins with "O."



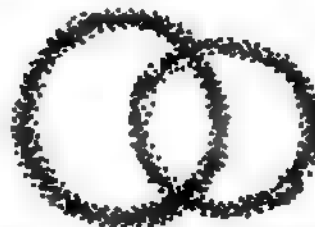
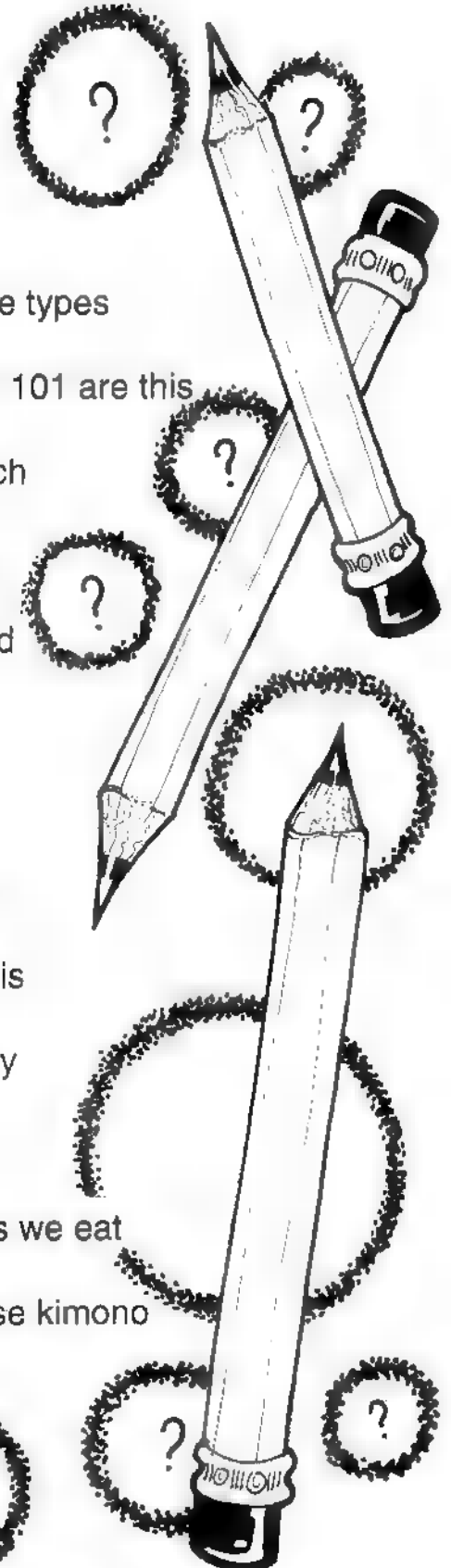
What number on the map represents each of the following places? Write the number in the blank.

- | | | | |
|----------------------|---------------------------|-------------------|---------------------|
| ___ Lake Ontario | ___ Olympic National Park | ___ Oregon | ___ Oakland |
| ___ Orlando | ___ Oregon Trail | ___ Orange County | ___ Oahu |
| ___ Lake Okeechobee | ___ Oklahoma | ___ Omaha | ___ Ozark Mountains |
| ___ Okefenokee Swamp | ___ Oshkosh | ___ Ohio | ___ Ohio River |

Little Three-Letter Words That Begin with "O"

Each clue you find below should help you to think of a three-letter word that begins with the letter "O." Write each word in the blank.

1. _____ comes from a mine
2. _____ means yours and mine
3. _____ an antique is this
4. _____ olive, canola, and castor are types
5. _____ numbers like 21, 7, 19, and 101 are this
6. _____ one way to turn a light switch
7. _____ a type of tree
8. _____ a nocturnal, feathered friend
9. _____ similar to a paddle
10. _____ a type of poem
11. _____ the number denoting unity
12. _____ three strikes and you are this
13. _____ to be under obligation to pay
14. _____ to make a choice
15. _____ a cereal grass whose seeds we eat
16. _____ a sash worn with a Japanese kimono



There Are "O" So Many Quick and Easy Ideas Involving The Letter "O"

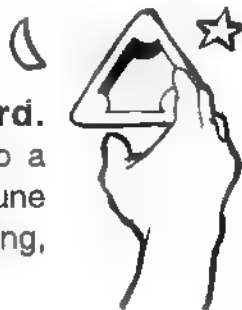
* **Blowing Bubbles**—Now who doesn't enjoy this activity? It's a little messy but readily available at your variety store. Participants can blow or wave the magic wand to create bubbles. Try to have a bubble land on the back of your hand. Reminisce about doing this when young or with grandchildren. Try to pop bubbles as they float about. Talk about blowing bubbles with bubble gum. Who can create the largest bubble?



* **Goo-Goo Eyes** are available in a wide range of sizes at craft stores. Purchase a variety of sizes and glue them by the pair on an 8 1/2" x 11" piece of paper. Your client will enjoy creating faces of animals, people, and cartoon characters around the eyes. Bits of yarn may be available to create hair, eyebrows, mustaches or beards if desired. These goo-goo eyes can also be glued to pictures from coloring books. They will add a little dimension and variety to any coloring activity.



* Examine a **OUIJA™ Board**. Allow this activity to lead to a discussion of crystal balls, fortune telling, tarot cards, palm reading, and superstitions.



* Create your own **Olympics**. Design a variety of physical activities such as beanbag toss, ring toss, Nerf™ ball accuracy, Velcro™ darts, ping-pong, and ball bounce. Put on your thinking cap and design five games, one for each day of the week. Make every athlete a winner.

* **Famous People** whose names begin with the letter "O" include Lee Harvey Oswald, Barney Oldfield, Maureen O'Hara, George Orwell, Sir Laurence Olivier.

* What's another name for the American flag? **Old Glory**

* What is the shape of the Washington Monument? **Obelisk**

* Can you think of two words that begin with "O"? One is a short poem, the other a long poem. **Ode—Odyssey**

* Display an **orchid** plant.

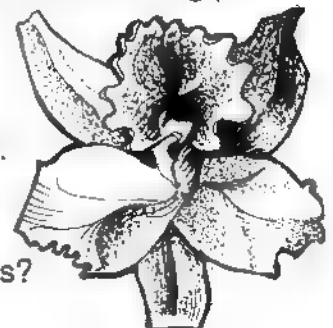
* Why is **Okinawa** famous?

* Can you name some animals whose names begin with the letter "O"?

Ocelot Orangutan Okapi Ox
What do these animals look like?

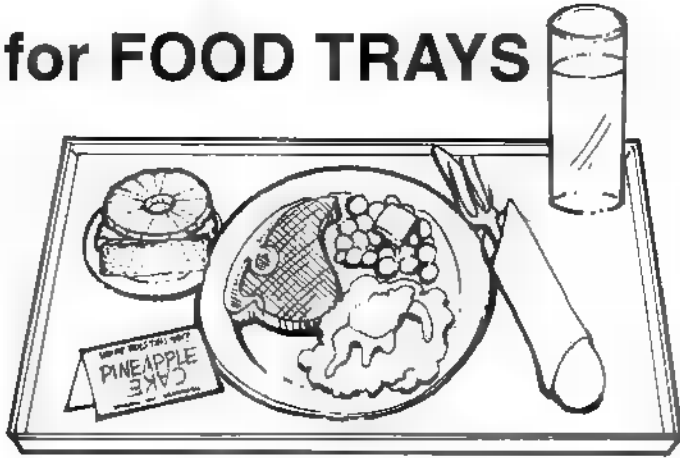
* **A Circle Letter**

Create a large spiral on a sheet of 8 1/2" x 11" paper. Duplicate the needed number of copies. Write a letter to a friend or loved one. The letter should start in the center and continue to the outer edge of the paper. Great for a grandparent to write a letter to a grandchild.



THINKER CARDS

for FOOD TRAYS

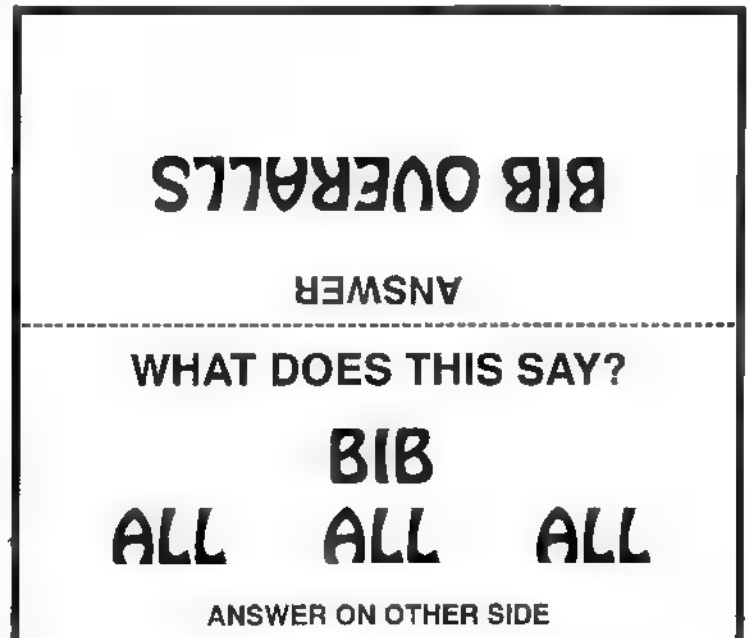
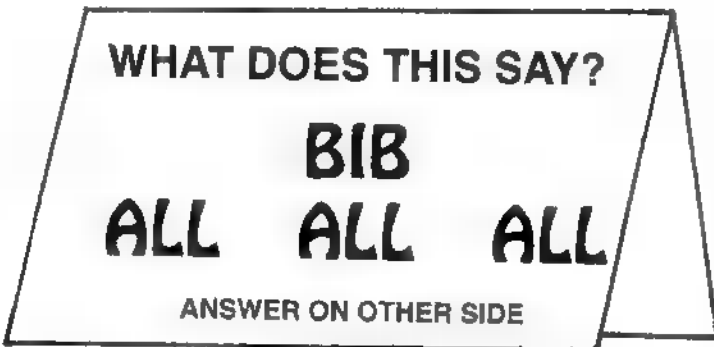
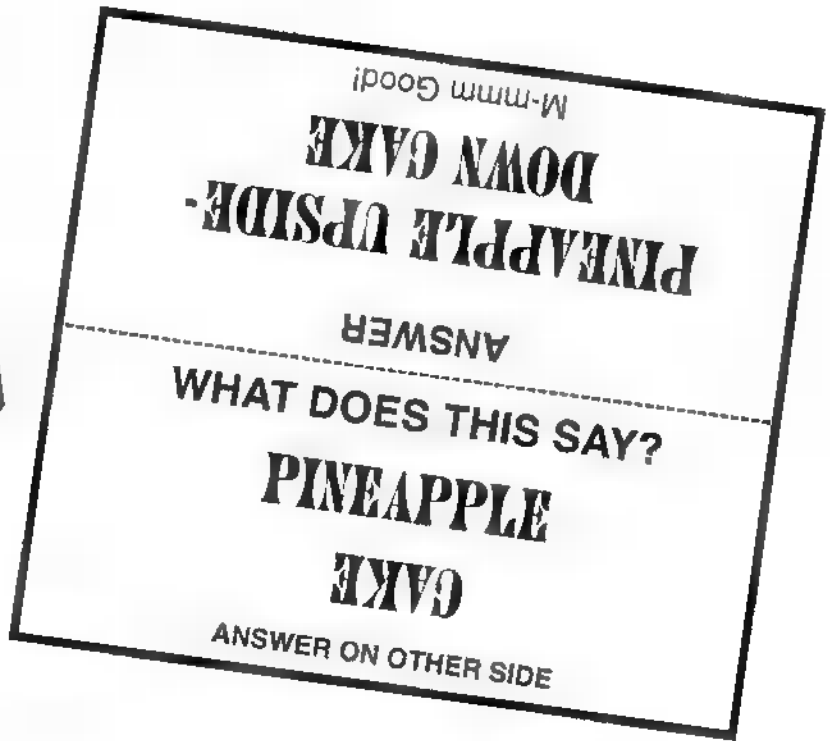


Waking up thinking skills is not always an easy task. Many times it is also quite time consuming. Hopefully, using THINKER CARDS on food trays will be a quick, easy-to-do mind "waker-upper."

Duplicate the next couple of pages as many times as needed. Cut apart the six cards on each page and fold in half.

(Perhaps a volunteer or resident helper could do this.) Each morning place a THINKER CARD on each resident's breakfast tray or at each place in the dining room. Identical cards could be placed on food trays. For those who eat in a common area, it is of more interest to place a variety of cards. This motivates comparisons and interactions among the residents. It may take a couple of days to introduce this concept; but once that effort is made, your residents will be waiting not only for their "body food" but also for the "MIND FOOD."

To create blank THINKER CARDS, trace the basic shape onto a piece of white paper and then photocopy. Some of your residents will probably be able to add to the examples presented. Encourage this. You and your staff will probably think of additional possibilities for more cards. Can you determine how to illustrate the Middle East or Up in Arms? Be careful! This thinking activity is catching. It can get stuck in the back of your mind and when least expected . . . out pops another idea for a THINKER CARD.



Crossroads

ANSWER

WHAT DOES THIS SAY?

ROADS

ANSWER ON OTHER SIDE

mother-in-law

ANSWER

WHAT DOES THIS SAY?

mother AW

ANSWER ON OTHER SIDE

paranoid

ANSWER

WHAT DOES THIS SAY?

NOID NOID

ANSWER ON OTHER SIDE

touchdown

ANSWER

WHAT DOES THIS SAY?

TOUCH

ANSWER ON OTHER SIDE

undercover agent

ANSWER

WHAT DOES THIS SAY?

cover agent

ANSWER ON OTHER SIDE

head over heels in love

ANSWER

WHAT DOES THIS SAY?

LO head heels VE

ANSWER ON OTHER SIDE

long underwear

ANSWER

WHAT DOES THIS SAY?

wear
long

ANSWER ON OTHER SIDE

broken engagement

ANSWER

WHAT DOES THIS SAY?

ENGAGE  MENT

ANSWER ON OTHER SIDE

Scrambled Eggs

ANSWER

WHAT DOES THIS SAY?

gges segg
 gseg

ANSWER ON OTHER SIDE

Take one before
every meal.

ANSWER

WHAT DOES THIS SAY?

TAKE ONE MEAL
TAKE ONE MEAL
TAKE ONE MEAL

ANSWER ON OTHER SIDE

THE LINES
READING BETWEEN

ANSWER

WHAT DOES THIS SAY?

/R/E/A/D/I/N/G/

ANSWER ON OTHER SIDE

Twelve Degrees Below Zero

ANSWER

WHAT DOES THIS SAY?

ZERO
12°

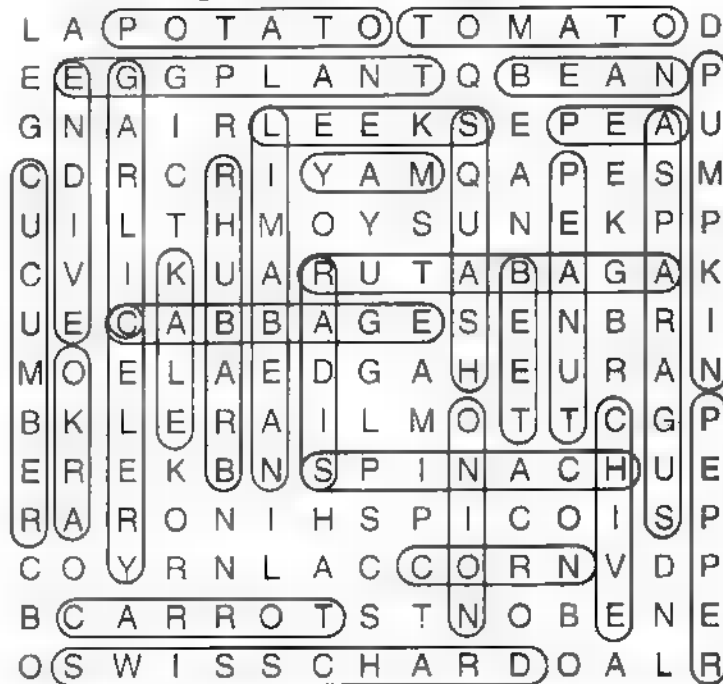
ANSWER ON OTHER SIDE

Answer Key

Thanksgiving—Page 15

- | | |
|------------|------------|
| 1. thanks | 6. ants |
| 2. task | 7. Vikings |
| 3. think | 8. sing |
| 4. thin | 9. giant |
| 5. hanging | 10. gnat |

Mixed Vegetables—Page 18



Do You Know Where?—Page 32

- | | |
|------------------|-----------------|
| Oconomowoc (WI) | Opa-locka (FL) |
| Opportunity (WA) | Onalaska (WI) |
| Olyphant (PA) | Okmulgee (OK) |
| Oregon (OH) | Oyster Bay (NY) |
| Old Bridge (NJ) | Okemos (MI) |
| Old Town (ME) | Okolona (KY) |
| Olathe (KS) | Oelwein (IA) |
| Ojus (FL) | Old Lyme (CT) |
| Oskaloosa (IA) | Ojai (CA) |
| Oro Valley (AZ) | Opp (AL) |

Scrambled "O" Words —Page 38

- | | | |
|---------|---------|-----------|
| ocean | office | oasis |
| opera | organ | oyster |
| orchid | ostrich | orchestra |
| opossum | octopus | October |

Final Challenge: Old Glory

GeOgraphy—Page 42

- | | |
|---------------------|-------------------|
| 7 Lake Ontario | 1 Oregon |
| 8 Orlando | 13 Orange County |
| 12 Lake Okeechobee | 6 Omaha |
| 15 Okefenokee Swamp | 3 Ohio |
| 14 Olympic Park | 11 Oakland |
| 16 Oregon Trail | 9 Oahu |
| 2 Oklahoma | 4 Ozark Mountains |
| 10 Oshkosh | 5 Ohio River |

Little Three-Letter Words That Begin with "O"—Page 43

- | | | | |
|--------|--------|---------|---------|
| 1. ore | 5. odd | 9. oar | 13. owe |
| 2. our | 6. off | 10. ode | 14. opt |
| 3. old | 7. oak | 11. one | 15. oat |
| 4. oil | 8. owl | 12. out | 16. obi |

National Geography Awareness Week

The second week in November is considered to be National Geography Awareness Week. There are a variety of ways you can use the centerfold poster map of The United States to help your residents to celebrate.

The map can be used to locate the many place names mentioned in the listing of November and December happenings (pages, 9-10, 19-20.) You can also use the map to locate the communities that begin with the letter "O." These are listed at the bottom of page 37.

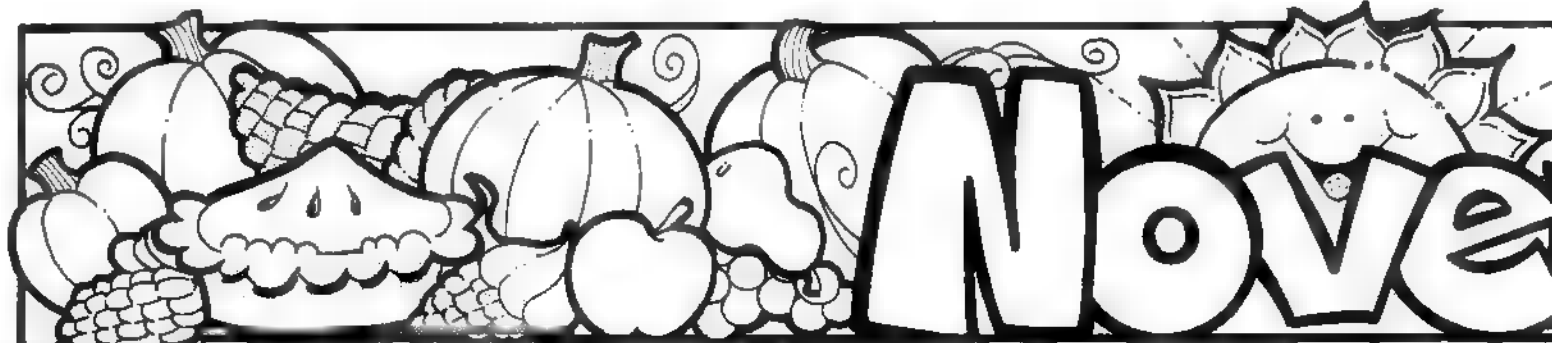
Residents can put dots on the map and then print the name of the communities where their children and grandchildren live. States that residents have visited can be colored one color. States where residents were born could be colored a second color.

Use the map to identify and reminisce about the great rivers of the United States. Use a blue crayon to locate the major rivers of The United States. As the residents identify these rivers print the name along the blue line.

Use the map to enhance the postmark activity described on page 10. As postmarks are collected adhere each to the appropriate place on the outline map.

"Places I Would Like To Visit," could be the focus topic of a discussion. As various places are named locate them on the map and print each name.

Purchase several copies of a newspaper. Have residents peruse the paper and create a list of "Places in the News." Then, use an atlas and find the locations of these newsworthy places.



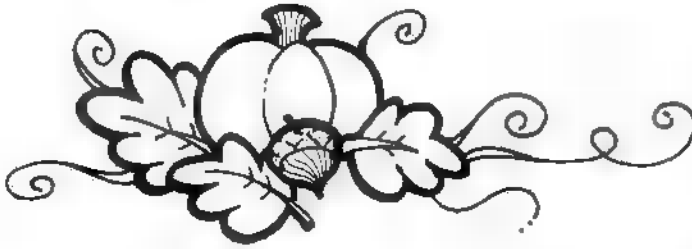
Sunday

Monday

Tuesday

1

Wedn



6

7

8

13

14

15

20

21

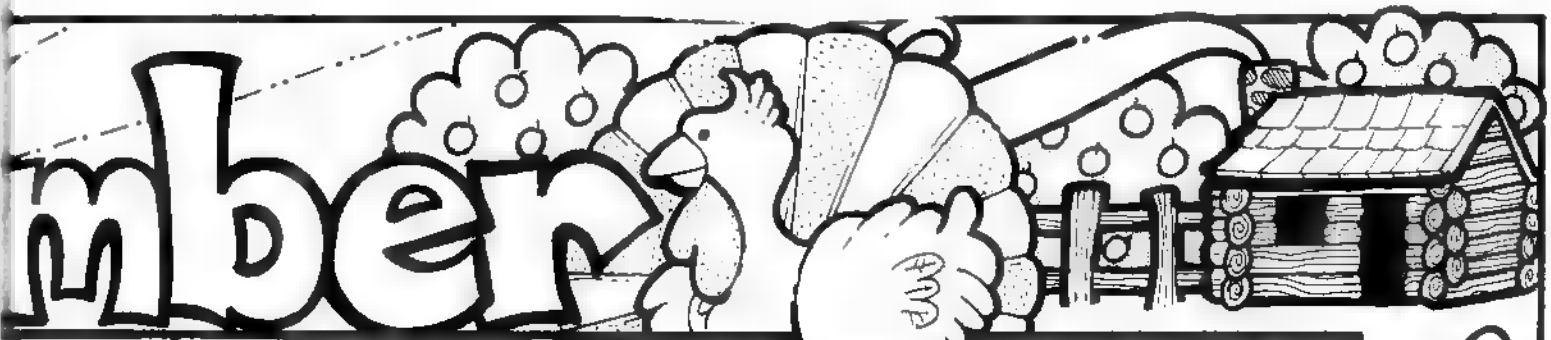
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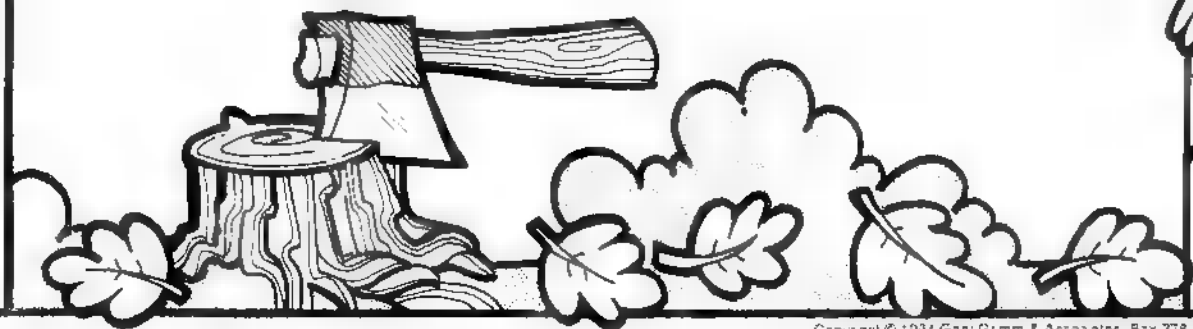
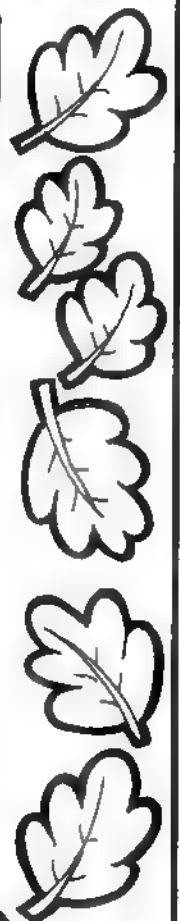
29





November

Monday 2	Thursday 3	Friday 4	Saturday 5
9	10	11	12
16	17	18	19
23	24	25	26
30			





Wednesday	Thursday 1	Friday 2	Saturday 3	
7	8	9	10	
14	15	16	17	
21	22	23	24	
28	29	30	31	

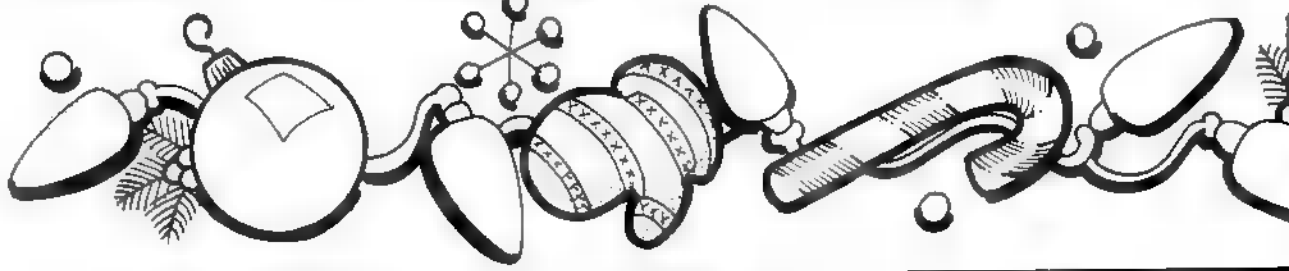


Sunday

Monday

Tuesday

Wednesday



4

5

6

11

12

13

18

19

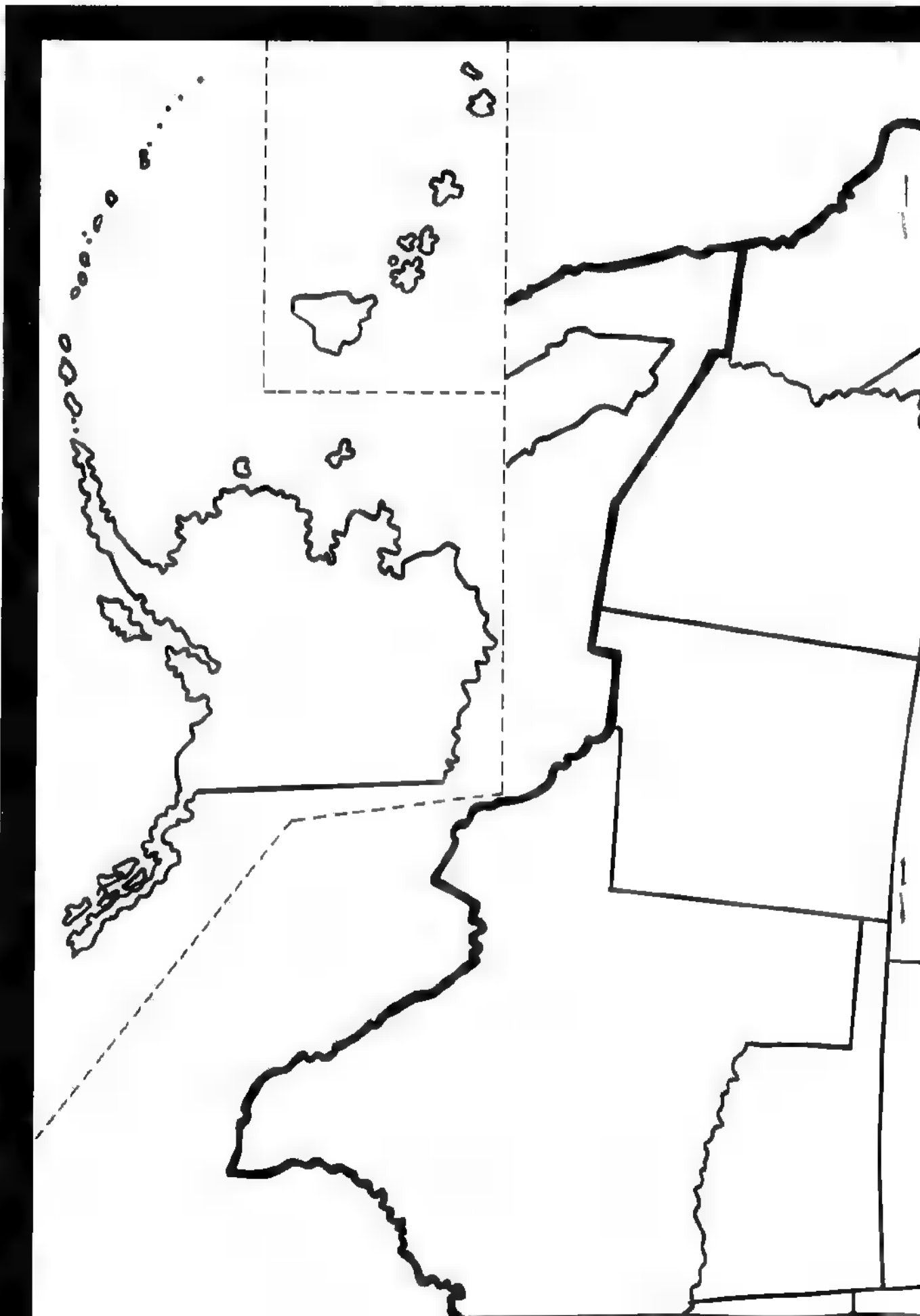
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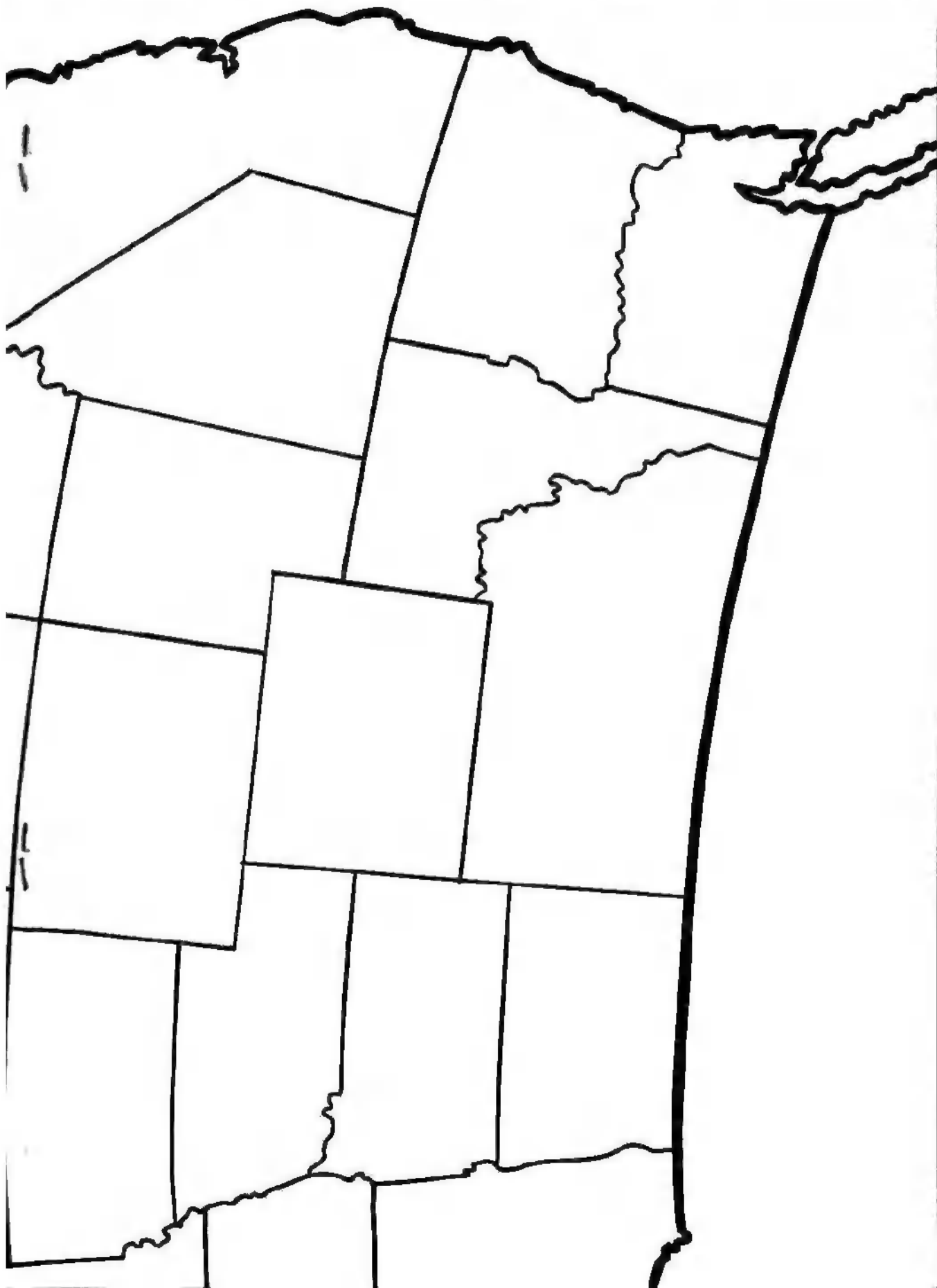
26

27











HOT
Off The Press

JUMBO 17" x 22" POSTERS

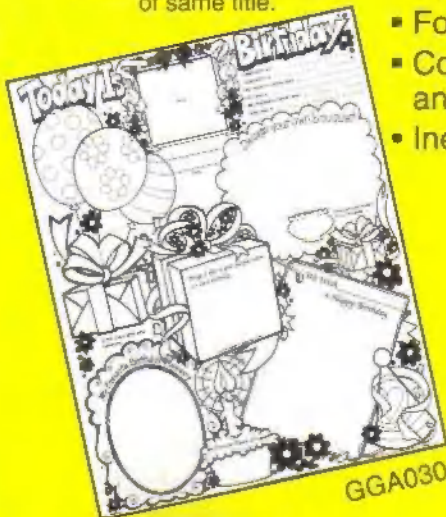
Each set of 25
ONLY \$10.00

Additional posters
40 cents each.

Minimum order 25 posters
of same title.

**for each resident/client
to complete**

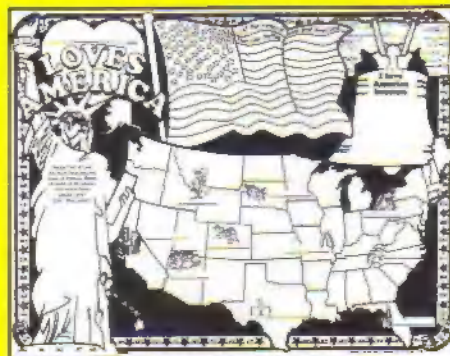
- Each ready to use 17" x 22," black and white poster is bold, clear and easy-to-read.
- Focus on reminiscing.
- Activity Director's guide included.
- Great for displays!
- For individual or group use.
- Color, cut, glue and write.
- Inexpensive!



GGA030



GGA035



GGA033

GGA030 **TODAY IS (name) BIRTHDAY**

GGA031 **GETTING TO KNOW (name)**

GGA034 **(name) CHRISTMAS MEMORIES**

GGA032 **REMEMBERING MY SCHOOL DAYS**

GGA033 **(name) LOVES AMERICA**

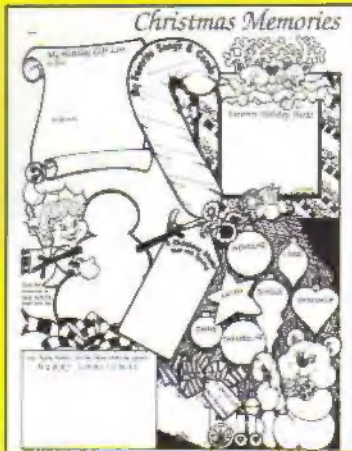
GGA035 **SUMMER FUN**



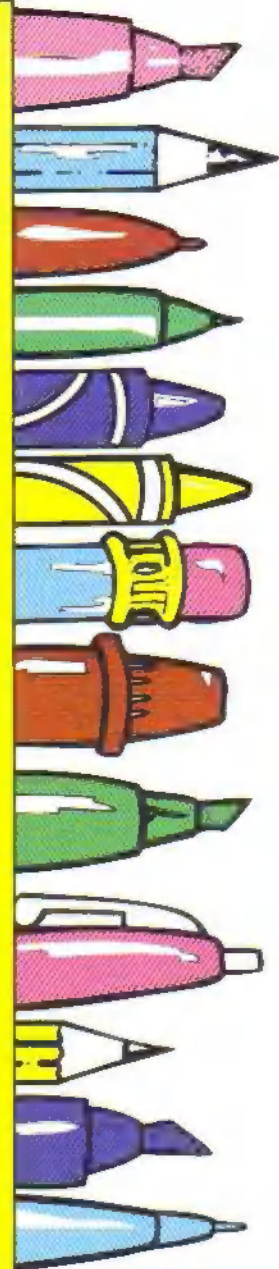
GGA031



GGA032



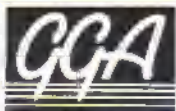
GGA034



Use Order Form
page 30
or



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82 S. Madison • P.O. Box 378 • Carthage, IL 62321



Discover

A New Day

The Magazine for Activity Professionals

Dear Activity Professional,

We at Gary Grimm and Associates hope you enjoy this **FREE** copy of our premier issue. Use it time and time again. It is our goal to provide you with practical, and easy-to-use ideas and activities that will enhance your activity program.

A New Day will be published 6 times each year. The first issue, Volume 1, Number 1, January/February 1995 will be mailed to subscribers in December 1994. It will contain:

- seasonal activities
- ready to duplicate sheets
- calendars/historical data
- a unit with a focus
- a poster ready to use
- topics for reminiscing
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